Bringing Relevant and Practical Learning to Complex Care

Ontario’s premier family medicine conference

ASA 2017
55TH ANNUAL SCIENTIFIC ASSEMBLY

Ontario’s premier family medicine conference

Fairmont Royal York | Toronto, Ontario

November 23-24, 2017
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Welcome to the 55th Annual Scientific Assembly – “Designed by family physicians, for family physicians”. As Chair of the 2017 ASA Planning Committee and on behalf of my family physician colleagues on the Committee, I am proud to present this Preliminary Program and warmly invite you to join us at this very special event.

This edition of the Ontario College of Family Physicians’ (OCFP) Annual Scientific Assembly reflects a long history of quality certified professional development. This year, we continue that tradition of excellence.

Get the Latest Learnings on Current Issues

Each year, the ASA hosts more than 1,000 delegates from all parts of Ontario over two exciting days. With more than 50 new sessions this year, the ASA 2017 program includes over 100 presentations showcasing the best new scientific research, evidence-based practices, and treatments and tools to apply in your practice.

Like you, we know the challenge of continuing to provide high-quality care in our current environment of evolving and complex patient needs, and policy and technological change. This year’s ASA program delivers education on diverse clinical areas, ranging from allergy and immunology, to women’s health and navigating opioids. Learning sessions are offered in various formats to meet diverse needs, including lectures, small groups and interactive seminars.

Don’t miss these unparalleled learning opportunities at Ontario’s premier family medicine conference for family physicians.

Celebrate Family Medicine at the OCFP Awards

Join us also to celebrate your colleagues at the 2017 OCFP Awards event, taking place during ASA on the evening of November 23. The annual OCFP Awards recognize the outstanding skill, knowledge and dedication of family doctors across Ontario, including excellence in the community and medical leadership, contributions in teaching and exceptional team work. After the presentation, take the opportunity to meet the Award recipients, and connect with OCFP Board members and President Dr. Glenn Brown.

I am honoured to serve as the 2017 ASA Committee Chair and would like to extend my thanks to the Committee members for their great contributions. It has been rewarding to work with such an exceptional and knowledgeable group of family physicians. I trust you will find great value in the program we have developed and look forward to meeting you all at ASA 2017.
The 21st century so far has given rise to many profound discussions about what health professionals are, and what they should be. At the same time, we are witnessing unprecedented levels of burnout, depression and substance abuse among clinicians, coupled with growing demands for equitable, safe and compassionate care – the delivery of which is more often systems-based than under the control of individual clinicians.

Simultaneously, the explosion of technological advances – including computers that increasingly solve problems and display forms of empathy – challenges us to question what a health professional of the future will be.

In this presentation, Dr. Brian Hodges reflects on the importance of the human component, and especially the relevance of compassion, in the delivery of care. Positing that the human need for interactions based on emotion and compassion is magnified at vulnerable times – such as for patients seeking care and healthcare providers whose work makes them witnesses to tragedy and its lasting impacts – Dr. Hodges outlines a framework for envisioning compassion.

Dr. Hodges is a professor in the Faculty of Medicine and the Faculty of Education (OISE/UT) at the University of Toronto, the Richard and Elizabeth Currie Chair in Health Professions Education Research at the Wilson Centre for Research in Education, and Vice President, Education, at the University Health Network (Toronto General, Toronto Western, Princess Margaret and Toronto Rehab Hospitals.)

Dr. Hodges leads the AMS Phoenix Project: A Call to Caring, an initiative to rebalance the technical and compassionate dimensions of health care. He was awarded the 2016 Karolinska Institutet Prize for Research in Medical Education. His research has led to changes in educational practice in the training of health professionals around the world.
Sometimes it's easy to spot patients struggling to make ends meet.

Sometimes it's not.

Join us **November 25, 2017**, for the OCFP's full-day, active learning workshop – Treating Poverty. Earn up to **18 certified Mainpro+ Group Learning credits**

This award-winning CPD program is designed for family doctors and other members of the health care team who work closely with those living in poverty.

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**Treating Poverty**

active learning workshop

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**Practising Wisely Day**

November 22, 2017

One inspiring day devoted to helping you implement this practical approach to patient-centred care

- Immerse yourself in case studies that reflect real-life scenarios
- Join more than 100 like-minded primary care providers
- Hear valuable insights from an expert keynote presenter
- Take part in the engaging interactive workshop and learn how to reduce unnecessary testing and treatment
- Get high-quality, evidence-based online resources to use in your daily practice
- Earn up to 18 certified Mainpro+ credits

To register or learn more about **Practising Wisely Day**: [www.practisingwisely.ca](http://www.practisingwisely.ca)

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**Canadians undergo more than a million medical tests and treatments every year... that they may not need.**

As a primary care provider, you understand that unnecessary tests and over-medicalization are obstacles to providing high-quality patient care. Now, learn how to put this knowledge into action.

Join us at the OCFP's inaugural

**Practising Wisely Day**

November 22, 2017

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As a primary care provider, you understand that unnecessary tests and over-medicalization are obstacles to providing high-quality patient care. Now, learn how to put this knowledge into action.

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**Canadian Institute for Health Information**

*Unnecessary Care in Canada, Canadian Institute for Health Information, April 2017*
Pre- and Post-Conference Group Learning Sessions

The following two Group Learning sessions are certified for three credits per hour under Mainpro+.

<table>
<thead>
<tr>
<th>DATE</th>
<th>TIME</th>
<th>SESSION CODE</th>
<th>TOPIC</th>
<th>SPEAKER</th>
<th>GROUP LEARNING CREDITS</th>
<th>COST + HST</th>
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<tbody>
<tr>
<td>Wed. Nov. 22</td>
<td>8:00 am – 5:00 pm</td>
<td>PWD01</td>
<td>Practising Wisely</td>
<td>OCFP Practising Wisely Faculty</td>
<td>18</td>
<td>Early Bird: $550 Post September 6: $600</td>
</tr>
<tr>
<td>Sat. Nov. 25</td>
<td>9:00 am – 4:00 pm</td>
<td>GL021</td>
<td>Treating Poverty</td>
<td>OCFP Treating Poverty Faculty</td>
<td>18</td>
<td>$350</td>
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</table>

Session Descriptions

**Practising Wisely**

**Wednesday November 22, 2017**

Participants will identify opportunities on how to “practise wisely”, with a focus on reducing over-prescribing, over-imaging, over-screening and over-monitoring using the latest evidence and tools from diverse sources. This workshop aligns closely with the Choosing Wisely Canada campaign to implement good healthcare stewardship and avoid over-medicalization.

Participants will learn how to access reliable, curated and renewable online resources for an evidence-informed practice supporting individualized patient care. Active learning exercises such as case studies, individual reflection and group work will help participants to build communication skills to guide their patients through the shift from seeking sickness to enhancing health. Find out more at [www.practisingwisely.ca](http://www.practisingwisely.ca).

**Treating Poverty**

**Saturday November 25, 2017**

Poverty represents a significant and reversible risk factor for poor health. This practical, active learning workshop supports the development of relevant clinical skills, a deeper understanding of the federal and provincial income security systems, and other related resources.

This program is open to family physicians and allied healthcare professionals including nurses, nurse practitioners, social workers, and others who work closely with those living in poverty.
Registration Fees

Thursday November 23, 2017 – Friday November 24, 2017

<table>
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<tr>
<th>REGISTRATION TYPE</th>
<th>1 DAY</th>
<th>FULL CONFERENCE</th>
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<tr>
<td>Early Bird ASA Registration (Deadline September 6, 2017)</td>
<td>$450</td>
<td>$725</td>
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<td>ASA Registration (After September 6, 2017)</td>
<td>$450</td>
<td>$800</td>
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<tr>
<td>Medical Resident</td>
<td>$200</td>
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<tr>
<td>Medical Student</td>
<td>$90</td>
<td>$150</td>
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<tr>
<td>Senior/Retired/Life Member</td>
<td>$325</td>
<td>$550</td>
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Certification

This program has been certified by the College of Family Physicians of Canada and the Ontario Chapter for up to 12.0 certified group learning credits.

Thursday: 5.0 credits  
Friday: 7.0 credits
Registration Information

Registration

**Full Conference** includes:

- All sessions (except pre- and post-conference Group Learning Workshops), conference materials and proceedings
- OCFP Awards Ceremony, taking place on November 23
- All conference meals and breaks

**Single Day** (November 23 or November 24) includes:

- Sessions, conference materials and proceedings for the day for which you are registered
- OCFP Awards Ceremony, taking place on November 23
- Conference meals and breaks on the day for which you are registered

Arriving at the Conference

It is very important that you check in at the conference registration desk on your first day and pick up your name badge and delegate bag. If you do not check in you will not receive your one credit per hour Mainpro+ credits as your participation will not be recorded.

Pre- and Post-Conference Group Learning Workshops

Group Learning Workshops that are certified for three credits per hour under Mainpro+ are offered on Wednesday November 22 and Saturday November 25.

These sessions are subject to an additional fee. A list of Group Learning Mainpro+ workshops and fees can be found on page 7 of this program.

**Changing Your Registration Information**

Once you have registered for ASA 2017, you will receive a confirmation and receipt at the email address you provided. We recommend you print these documents for your records.

You may view or change the registration information you submitted – including transferring the registration to another delegate – by using the “Edit Registration” link which appears in your email confirmation.

**Cancellations and Refunds**

The OCFP may cancel planned sessions due to insufficient advance registration or other unforeseeable circumstances.

**Pre- and Post-Conference Group Learning Workshops:**

In cases when the OCFP must cancel a Group Learning Workshop, registrants will receive a full refund of the registration fee. Note that the OCFP cannot accept responsibility for out-of-pocket expenses.

A registrant who cancels their registration to a Group Learning Workshop by November 3, 2017 is entitled to a full refund, less an administration fee of 25%. No refunds are made after this date.

**ASA Conference:**

Registrants who cancel by November 3, 2017 will be refunded the registration fee, less an administration fee of 25%. Refunds will not be issued for cancellations after November 3, 2017 or for registrants who do not attend the Conference.

**Please submit cancellation requests in writing to the ASA Conference Planner at ocfpasa@ocfp.on.ca**

REGISTER OR LEARN MORE:

[www.ocfp.on.ca/asa2017](http://www.ocfp.on.ca/asa2017)
Venue
The venue for ASA 2017 is the Fairmont Royal York in Toronto:

Fairmont Royal York
100 Front Street West
Toronto, Ontario, M5J 1E3
www.fairmont.com/royal-york-toronto

The Fairmont Royal York is directly across the road from the main entrance of Union Station on Front Street. Maps, driving directions, alternate routes and airport information can be found on the venue website.

Parking
Underground parking is available at the Fairmont Royal York. The parking entrance is located on Front Street. Parking rates at time of writing are:

- Overnight rate for registered guests: $53
- 30 minutes or less: $12
- Two hours or less: $28
- Daytime maximum (7:00 a.m. to 5:00 p.m.) or over two hours: $34
- Evening function rate (5:00 p.m. to 1:00 a.m.): $35

Valet parking is available at the east doors of the hotel, off Front Street. In-and-out privileges are included. Valet parking will be charged to your room account unless otherwise specified.

Room Rates
Room rates for ASA 2017 delegates during the Conference start at $212/night for a standard room.

Book online. Use this link to access ASA group reservation page.

Book by phone at 1-800-257-7544. When booking by phone, mention Ontario College of Family Physicians ASA, November 23-24, 2017 to access ASA group rate.

Getting To and From ASA 2017
The venue is easily accessed by local and regional transit.

Toronto Transit Commission: www.ttc.ca

GO Transit (regional transit): www.gotransit.com

You can find more information, including about other transit partners, at the Union Station website and on the 2017 ASA website.

Airlines
The OCFP has negotiated special ASA delegates rates from a number of travel vendors. Please note the codes and conditions for accessing the discounted rates.

Porter Airlines is offering a 10% discount on available base fares (with the exception of the lowest class fare during a public seat sale) for travel to and from the Ontario College of Family Physicians ASA 2017. The discounted fares are available for booking until November 27, 2017, for travel anywhere in Canada or the U.S. from November 20, 2017 to November 24, 2017, and travel from Toronto to anywhere in Canada or the U.S. from November 23, 2017 to November 27, 2017.

Book online or through your travel agent using promo code ASA017.

WestJet is offering a 10% discount on Econo and a 15% discount on Plus base fares for travel between Toronto and anywhere WestJet flies in North America. Discounted rates cover travel to and from Toronto from November 15 to December 3, 2017.

For online bookings using the WestJet booking website, you will need the coupon code to access discounted fares. For bookings through a travel agent, you will need the promotional code.

Coupon code: NLOQKWC
Promotional code: YYZ03

Air Canada is offering ASA Attendees a 10% discount on Flex Fare or higher fares to Toronto, for travel between November 16, 2017 to December 1, 2017.

Use promo code Y6DZNJ21 to access the discounted fares online.
Other Travel

**UP Express** train service runs between Pearson International Airport and Union Station. One-way travel time is approximately 25 minutes and the cost is $12 for a one-way ticket. Tickets may be pre-purchased online at the **UP Express** website.

**VIA Rail** is offering ASA delegates a 10% discount on best available fares in Economy, Economy Plus, Business, Business Plus and Sleep classes. The discount is not available for Escape fares or Prestige class fares. The discount is valid from November 21, 2017 to November 26, 2017, and may be applied to a maximum of two passengers per booking. For Business Class fare plans, there is no cost for one stopover in one of Toronto, Montréal or Ottawa.

To book your reduced fare online at VIA Rail, use discount code **13529**.

Questions?

Please contact us if you have questions or require additional information about ASA 2017.

Email: ocfpasa@ocfp.on.ca

Phone: 1-800-670-6237 ext. 32 or ext. 46

Fax: 416-867-9990
# Schedule Legend

<table>
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<tr>
<th>CODE</th>
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<tr>
<td>S</td>
<td>Talk – 60 minutes</td>
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<tr>
<td>SK</td>
<td>Skills Workshop</td>
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<tr>
<td>RF</td>
<td>Rapid Fire – Up to 4 sessions – 15 minutes each</td>
</tr>
<tr>
<td>EP</td>
<td>E-Poster – 3 sessions – 15 minutes each</td>
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Full session descriptions and learning objectives are available on page 19, organized by session type.
## Schedule

**Thursday November 23, 2017**

### 9:00 am–11:15 am

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<tr>
<td>KN</td>
<td>OCFP President’s Opening Remarks / Keynote Address</td>
<td>Dr. Brian Hodges</td>
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### 10:45 am–11:45 am

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<tr>
<td>S102</td>
<td>Jeopardy: Answering Common Clinical Questions Selected by the Audience</td>
<td>Dr. Michael Allan</td>
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<tr>
<td>S103</td>
<td>Gestational Diabetes and Gestational Hypertension</td>
<td>Dr. Shital Gandhi</td>
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<tr>
<td>S104</td>
<td>Asthma vs. Bronchiolitis vs. Croup</td>
<td>Dr. Tom Kovesi</td>
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<tr>
<td>S105</td>
<td>Approaches to Common Scenarios of Plastic Surgery for Family Practice</td>
<td>Dr. Sanjay Azad</td>
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<tr>
<td>S106</td>
<td>Going Rural and Remote: Practice Pearls for Locum Physicians</td>
<td>Dr. Dominika Jegen</td>
</tr>
<tr>
<td>S107</td>
<td>MAID in Ontario: Challenges and Opportunities for Providers</td>
<td>Dr. Edward Weiss</td>
</tr>
<tr>
<td>S108</td>
<td>Opioid Use for Chronic Non-cancer Pain: The Big Picture</td>
<td>Dr. Henry Chapeskie</td>
</tr>
<tr>
<td>S109</td>
<td>Fracture Management for the Family Physician</td>
<td>Dr. Arun Sayal</td>
</tr>
<tr>
<td>S110</td>
<td>Pediatric Eye Problems</td>
<td>Dr. Michael O’Connor</td>
</tr>
<tr>
<td>SK111</td>
<td>Office Joint Injections</td>
<td>Dr. Tatiana Jevermovic</td>
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<tr>
<td>RF101-1</td>
<td>Hormonal Intrauterine Devices (IUD)</td>
<td>Dr. Erika Feuerstein</td>
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<tr>
<td>RF101-2</td>
<td>Time to Get “FIT”: A New and Better Test for Screening Your Patients for Colorectal Cancer</td>
<td>Dr. Lisa Del Giudice</td>
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<tr>
<td>RF101-3</td>
<td>The Digital Rectal Exam and Prostate Cancer Screening in Primary Care: Yay or Nay?</td>
<td>Dr. Jason Profetto</td>
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### 1:15 pm–2:15 pm

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<tr>
<td>S113</td>
<td>What’s New, What’s True and What’s Poo: Top 10 Studies from Last Year</td>
<td>Dr. Michael Allan</td>
</tr>
<tr>
<td>S115</td>
<td>Polycystic Ovarian Syndrome and Fertility: Helping Patients Conceive in Primary Care</td>
<td>Dr. Carrie Schram</td>
</tr>
<tr>
<td>S116</td>
<td>The Pros and Cons of DPP4 Inhibitors and SGLT2 Inhibitors</td>
<td>Dr. Jeremy Gilbert</td>
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<tr>
<td>S117</td>
<td>Billing 101: Billing Appropriately and Effectively in a Capitated Model</td>
<td>Dr. Franklin Sheps</td>
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<tr>
<td>S118</td>
<td>An Oral Contraceptive Pill (OCP) Guide for the Rest of Us: Selecting and Adjusting Oral Contraceptive Pills in Primary Care Practice</td>
<td>Dr. Erika Feuerstein</td>
</tr>
<tr>
<td>S119</td>
<td>It’s Overgrown Toeskin, NOT Ingrown Toenail</td>
<td>Dr. Henry Chapeskie</td>
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<tr>
<td>S120</td>
<td>Office MSK Imaging: What’s the Right Test?</td>
<td>Dr. Arun Sayal</td>
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<tr>
<td>S121</td>
<td>Benign Prostatic Hyperplasia (BPH): Where Do All the New Drugs Fit In</td>
<td>Dr. Adrienne Quirouet</td>
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<tr>
<td>S145</td>
<td>Introduction of Food in the First Year of Life</td>
<td>Dr. Sari Herman</td>
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<tr>
<td>SK122</td>
<td>Pimple Popping and Lump Lopping: Two Easy Techniques To Enhance Your Office Practice</td>
<td>Dr. Edward Weiss</td>
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<tr>
<td>RF112-1</td>
<td>Treating Viral Infections with Unnecessary Antibiotics: Understanding The ‘Why’ and ‘How’ This Still Happens!</td>
<td>Dr. Jason Profetto</td>
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<tr>
<td>RF112-2</td>
<td>Preventive Care in HIV: Key Practices to Keep Your Patients Healthy in the HAART Era</td>
<td>Dr. Margarita Lam Antoniades</td>
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<td>RF112-3</td>
<td>Please Pee in this Bottle So I Can Prescribe Opioids: The Ins and Outs of Urine Drug Testing</td>
<td>Dr. Alan Kaplan</td>
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<tr>
<td>RF112-4</td>
<td>Opioid Prescribing – Supports for Family Physicians</td>
<td>Ms. Jessica Ng</td>
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<td>EP114-1</td>
<td>My Health eSnapshot: A Strategy for Improving Preconception Health through Innovation and Technology</td>
<td>Dr. Nicola Mercer</td>
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<tr>
<td>EP114-2</td>
<td>Update on Syrian Refugee Health Assessment and Preventive Care: Varicella Seroepidemiology in Syrians in Ottawa</td>
<td>Ms. Lindy Luo</td>
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<tr>
<td>EP114-3</td>
<td>Pets Impact Your Patients’ Health</td>
<td>Dr. Alan Monavvari</td>
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### Thursday November 23, 2017

#### 2:30 pm–3:30 pm

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<td>S123</td>
<td>Antenatal Guidelines: New Forms, New Screening Tools</td>
<td>Dr. Lisa Graves</td>
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<tr>
<td>S124</td>
<td>Why Family Physicians Get Sued and How to Reduce Your Risk</td>
<td>Dr. Jamie Kissick</td>
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<tr>
<td>S126</td>
<td>Using the CORE Back Tool for the Management of Low Back Pain in Primary Care: Recognizing the Patterns of Pain</td>
<td>Dr. Hamilton Hall</td>
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<tr>
<td>S127</td>
<td>Transgender Health from Theory to Practice in Primary Care</td>
<td>Dr. Nilli Kaplan-Myrth</td>
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<td>S128</td>
<td>Skin Cancers Squamous Cell, Basal Cell, Actinic Keratosis, Psoriasis and Lichen Sclerosis: Diagnosis and Treatment</td>
<td>Dr. Gary Sibbald</td>
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<tr>
<td>S129</td>
<td>Acute Severe Headache Diagnostic and Management Pearls 2017</td>
<td>Dr. Sean Moore</td>
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<tr>
<td>S130</td>
<td>Immunization Update</td>
<td>Dr. Jay Keystone</td>
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<tr>
<td>S131</td>
<td>Approach to Anxiety Disorders in Primary Care</td>
<td>Dr. Jon Davine</td>
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<tr>
<td>S132</td>
<td>Urology Review: Prostate Cancer Screening and Approach to Hematuria</td>
<td>Dr. Adrienne Quirouet</td>
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<tr>
<td>EP125-1</td>
<td>Development of Medical Abortion Service at Academic Family Medicine Team</td>
<td>Dr. Inna Genkin</td>
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<td>EP125-2</td>
<td>The Reproductive Needs of Single Women &amp; LGBTQ Families: A Survey of People Attending a Well Persons Conception Clinic</td>
<td>Dr. Carrie Schram</td>
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<td>EP125-3</td>
<td>Barriers to Advance Care Planning by Primary Care Physicians: A Narrative Review</td>
<td>Dr. Harleen Toor</td>
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#### 4:00 pm–5:00 pm

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<tr>
<td>S134</td>
<td>Idiopathic Pulmonary Fibrosis and the Family Physician</td>
<td>Dr. Alan Kaplan</td>
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<tr>
<td>S135</td>
<td>First Trimester Tribulations</td>
<td>Dr. Karen Fleming</td>
</tr>
<tr>
<td>S139</td>
<td>Foot Problems for the Family Doctor: Beyond Plantar Fasciitis</td>
<td>Dr. Leslie Goldenberg</td>
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<td>S140</td>
<td>Cocktails in the ER</td>
<td>Dr. Sean Moore</td>
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<tr>
<td>S141</td>
<td>Aedes to Zika: Arboviruses Coming to Your Clinic Sooner than Later</td>
<td>Dr. Jay Keystone</td>
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<tr>
<td>S142</td>
<td>Mixing and Matching: Layering Psychiatric Medications as Family Physicians</td>
<td>Dr. Jon Davine</td>
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<td>S143</td>
<td>Abnormal Uterine Bleeding</td>
<td>Dr. Risa Bordman</td>
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<td>EP136-1</td>
<td>A Survey of Knowledge and Attitudes of Nurses About Pain Management in End-Stage Liver Disease on a Palliative Care Unit</td>
<td>Dr. Giulia-Anna Perri</td>
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<td>EP136-2</td>
<td>Primary Thrombophrophylaxis in Noncancer Patients Admitted to a Geriatric Palliative Care Unit</td>
<td>Dr. Giulia-Anna Perri</td>
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<td>EP136-3</td>
<td>Prevalence of Dementia in a Geriatric Palliative Care Unit</td>
<td>Dr. Amanda Lo</td>
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# Friday November 24, 2017

## 8:00 am–9:00 am

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<td>After Plan B: Training in the Use of Mifepristone for Post-Conception Termination</td>
<td>Dr. Sari Kives</td>
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<tr>
<td>S202</td>
<td>Addiction: The Neurobiology and Implications of Treatment</td>
<td>Dr. Mark Weiss</td>
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<tr>
<td>S203</td>
<td>Quick Tips to Master Applications for Ontario Disability Support Program and Improve Health of People in Poverty</td>
<td>Dr. Dale Guenter</td>
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<td>S204</td>
<td>Effective and Efficient Cardiac Testing</td>
<td>Dr. Richard Choi</td>
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<td>S206</td>
<td>Diabetes and the Eye</td>
<td>Dr. Peter Lin</td>
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<td>S207</td>
<td>Thyroid Dysfunction Revisited: What’s Next after Thyroid Stimulating Hormone?</td>
<td>Dr. Shoba Sujana Kumar</td>
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<td>S208</td>
<td>Elder Abuse</td>
<td>Dr. Bachir Tazkarji</td>
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<tr>
<td>S209</td>
<td>Iron Deficiency Anemia: What Family Physicians Need to Know About Diagnosis and Management</td>
<td>Dr. Yulia Lin</td>
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<td>S211</td>
<td>KidneyWise: An Innovative Chronic Kidney Disease (CKD) Clinical Toolkit For Primary Care Providers</td>
<td>Dr. Allan Grill</td>
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## 8:00 am–10:15 am

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<tbody>
<tr>
<td>SK210</td>
<td>Suturing 101</td>
<td>Dr. Andrew Arcand</td>
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## 8:00 am - 11:45 am

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<tbody>
<tr>
<td>SK212</td>
<td>The Neurological Examination for Family Physicians</td>
<td>Dr. Duncan Mcilraith</td>
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<td>S214</td>
<td>Medical Cannabis for Chronic Pain: What’s the Buzz?</td>
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<td>Safe Medication Use In Patients With Impaired Renal Function To Prevent Adverse Drug Reactions</td>
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<td>RF213-1</td>
<td>Pediatric Vulvar Disease</td>
<td>Dr. Sari Kives</td>
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<td>RF213-2</td>
<td>Psychodermatology in Family Practice</td>
<td>Dr. Dominik Nowak</td>
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<tr>
<td>RF213-3</td>
<td>Prescribing and Monitoring Oral Retinoids in Acne</td>
<td>Dr. Dominik Nowak</td>
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#### 10:45 am–11:45 am

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<td>Dr. Anna Wilkinson</td>
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<td>Dr. Scott Brimble</td>
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<td>Dr. Ryan Banach</td>
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<td>Driving and Dementia: Practical Tips</td>
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<td>SK233</td>
<td>Pessary Use in Primary Care: A Simulation-Based Workshop</td>
<td>Dr. Parisa Rezaiefar</td>
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<tr>
<td>RF225-1</td>
<td>Untangling the Helix 2017: Hereditary Breast and Ovarian Cancer Syndrome</td>
<td>Dr. June Carroll</td>
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<tr>
<td>RF225-2</td>
<td>Untangling the Helix 2017: Update on Prenatal Genetic Screening for Aneuploidy</td>
<td>Ms. Shawna Morrison</td>
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<tr>
<td>RF225-3</td>
<td>Untangling the Helix 2017: The Genetics Perspective on Autism Spectrum Disorder</td>
<td>Ms. Shawna Morrison</td>
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<td>S236</td>
<td>New Mainpro Plus: What You Need to Know!</td>
<td>Ms. Melissa Lujan</td>
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<td>Osteoarthritis versus Rheumatoid Arthritis: An Approach</td>
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<td>Navigating Opioids for Chronic Pain</td>
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<td>RF237-1</td>
<td>Helping Your Patient to Quit Smoking: What Can You Do?</td>
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<td>Should I Use Electronic Cigarettes to Assist in a Patient’s Smoking Cessation Journey?</td>
<td>Dr. Alan Kaplan</td>
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<td>RF237-3</td>
<td>Best Practices in Diagnosis and Management of Work-Related Asthma</td>
<td>Ms. Jennifer MacKinnon</td>
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<tr>
<td>EP239-1</td>
<td>Promoting Occupational Health among Nail Salon Technicians: A Needs Assessment</td>
<td>Dr. Irene Chen</td>
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<td>Chart Audit of High Frequency Emergency Department Users: Health Demographics, Chronic Pain, &amp; Opioid Provision</td>
<td>Dr. Bryan Macleod</td>
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<td>EP239-3</td>
<td>Exploration and Assessment of a Unique Model of Care in a Secondary Level Adult Schedule 1 Psychiatry Unit in ON Canada</td>
<td>Dr. Rose Zacharias</td>
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#### 1:15 pm–3:30 pm

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<td>Dr. Andrew Arcand</td>
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<td>SK247</td>
<td>Problem Solving In Neurology For Family Physicians</td>
<td>Dr. Duncan Mcilraith</td>
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<td>Rational and Prescribing: Rethinking Medications</td>
<td>Dr. Roland Halil</td>
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<td>Dr. David Grimes</td>
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<td>Irritable Bowel Syndrome: A Practical Approach</td>
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<td>Managing the Aggressive Child: It’s Not Just a Temper Tantrum</td>
<td>Dr. Umesh Jain</td>
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<td>Fever in the Returned Traveller</td>
<td>Dr. Isaac Bogoch</td>
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<td>S258</td>
<td>What are the Best Practices in Managing Infant and Childhood Sleep Problems</td>
<td>Dr. William Watson</td>
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<td>RF248-1</td>
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<td>Dr. Lori Albert</td>
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<tr>
<td>RF248-2</td>
<td>The CORE Neck Tool: A New Approach to Neck Pain for Primary Care</td>
<td>Dr. Julia Alleyne</td>
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<td>RF248-3</td>
<td>Improving Vascular Health in Primary Care: Introducing Accessible Quality Improvement Toolkits</td>
<td>Ms. Patricia O’Brien</td>
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<tr>
<td>EP251-1</td>
<td>Identifying Standard Data Elements for Survivor Transition Plans</td>
<td>Ms. Stacey Hunter</td>
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<tr>
<td>EP251-2</td>
<td>An Evidence-Based Approach to Program Development: A Case Example</td>
<td>Ms. Jennifer MacKinnon</td>
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<td>EP251-3</td>
<td>Influential Factors for a Medical Student Ranking Their Home Institutions Family Medicine Residency Program</td>
<td>Mr. Christopher Russell</td>
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<td>S260</td>
<td>Stroke Prevention and Care 2017: What’s New and Important?</td>
<td>Dr. Wieslaw Oczkowski</td>
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<td>S261</td>
<td>Concussion and the Return to Work and Play – Acute vs. Chronic</td>
<td>Dr. Taryn Taylor</td>
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<td>S265</td>
<td>Top 10 Apps for Your Smartphone or Tablet: Teaching and Learning in the Office</td>
<td>Dr. Andrew Sparrow</td>
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<td>S266</td>
<td>Gastrointestinal Bleeding: Overt and Occult</td>
<td>Dr. Natasha Bollegala</td>
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<td>What’s New in Infectious Diseases</td>
<td>Dr. Isaac Bogoch</td>
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<td>S268</td>
<td>Dermatology Review: Everything You Wanted to Know for 2017</td>
<td>Dr. Benjamin Barankin</td>
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Rapid Fire Sessions

Best Practices in Diagnosis and Management of Work-Related Asthma
Ms. Jennifer MacKinnon

This session will give a synopsis of the work-related Asthma (WRA) CFPC-accredited workshop, as well as available literature about asthma triggers and industry pamphlets developed as communication tools for family physicians.

Upon completion, participants will be able to:
1. screen for WRA among working adults with new-onset asthma or a recent deterioration of existing asthma;
2. recognize causation, diagnose and treat WRA; support patients in WSIB claim and return-to-work initiatives;
3. identify initiatives for prevention of work-related asthma in workplaces.

Gout
Dr. Lori Albert

Gout is common, and frequently presents with urgent visits to the primary care physician or the emergency department. Recognition of acute gout, in its varied presentations, can expedite successful management of patients with this disease. This session will focus on enhancing your recognition of both acute and chronic gout. The presenter will also review recommended approaches to managing acute gout, as well as the indications for, and appropriate prescribing of, urate-lowering therapy.

Upon completion, participants will be able to:
1. identify the less-common presentations of acute and chronic gout;
2. outline three approaches to the management of acute gout;
3. appropriately prescribe urate-lowering therapy.

Helping Your Patient to Quit Smoking: What Can You Do?
Dr Alan Kaplan

Sixteen percent of Canadians smoke, a habit that leads to more deaths in Canada than any other factor. Our patients are addicted to smoking, but we can help them break out of this vicious cycle, can’t we?

Upon completion, participants will be able to:
1. describe the stages of change in a smoking-cessation attitude;
2. understand pharmacologic options to assist in smoking cessation, including the controversies and contraindications;
3. change the conversation regarding smoking cessation.

Hormonal Intrauterine Devices
Dr. Erika Feuerstein

This session will explore hormonal intrauterine devices (IUD).

Improving Vascular Health in Primary Care: Introducing Accessible Quality Improvement Toolkits
Dr. Patricia O’Brien

Vascular diseases are the leading cause of death and disability in Canada. Across Ontario, there are variable high rates of vascular diseases. The Ontario Vascular Health Primary Care Work Group (PCWG) was established to oversee development of practical patient-centred resources to enhance efforts for preventing and managing vascular diseases. The Vascular Health Quality Improvement (QI) Toolkits are resources being developed to support small primary care QI initiatives or larger program implementation. The toolkits will facilitate screening, management and/or monitoring of patients with vascular diseases or risk factors, enhance interprofessional collaboration.
through change ideas, and provide linkages to provider and patient resources.

**Upon completion, participants will be able to:**

1. identify vascular health improvement opportunities for primary care settings;
2. navigate and use a web-based Vascular Health QI Toolkit to support primary care vascular health improvement.

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**Opioid Prescribing – Supports for Family Physicians**

**Ms. Jessica Ng**

Canada is the world’s second-highest per capita national consumer of prescription opioids and Ontario ranks among the top provinces in opioid prescribing, with considerable regional variations observed in these rates of prescribing across the province. These concerns, coupled with rapidly increasing rates of opioid-related deaths, have led to calls for action on the opioids issue in Ontario. This session will provide attendees an overview of Health Quality Ontario’s initiatives to improve opioid prescribing practices and reduce the harms related to opioids. These supports include quality standards for Opioid Prescribing for Chronic Pain, Opioid Prescribing for Acute Pain and Opioid Use Disorder, providing family physicians with access to individual Opioid Prescribing Primary Care Practice Reports and publishing specialized reports.

**Upon completion, participants will be able to:**

1. learn about the HQO supports available to improve prescribing practices and reduce the harms related to opioids;
2. be aware of the Opioid Prescribing for Chronic Pain, Opioid Prescribing for Acute Pain, Opioid Use Disorder quality standards;
3. learn how to access their own Opioid Prescribing Primary Care Practice Report.

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**Pediatric Vulvar Disease**

**Dr. Sari Kives**

This session will explore pediatric vulvar disease.

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**Please Pee in this Bottle So I Can Prescribe Opioids: The Ins and Outs of Urine Drug Testing**

**Dr. Alan Kaplan**

Urine drug testing is recommended as part of chronic pain management and would now be considered standard of care. You do have to understand what a positive or negative test actually means and have a plan for what to do with the result!

**Upon completion, participants will be able to:**

1. understand how to order the correct urine test in the correct clinical context;
2. understand how to interpret urine drug testing;
3. review next steps when the tests do not match up the way they are supposed to.

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**Prescribing and Monitoring Oral Retinoids in Acne**

**Dr. Dominik Nowak**

Acne is firmly within the competencies of the modern family doctor. Over 85 per cent of adolescents will be affected by acne. Its sequelae in the psychosocial realm — by means of body image, social anxiety, and physical scarring — can be lifelong if not treated quickly and competently. Oral retinoids are increasingly accepted as first-line in moderate to severe acne. In this interactive presentation, the presenter will provide an evidence-based, straightforward, systematic approach to acne therapy with oral retinoids. How can you confidently and safely prescribe isotretinoin? When should you refer? What is fact and what is fiction in isotretinoin and its relation to inflammatory bowel disease and depression?

**Upon completion, participants will be able to:**

1. evaluate the patient with moderate to severe acne for isotretinoin therapy;
2. confidently and safely prescribe isotretinoin in appropriate patients;
3. understand the risks and benefits of isotretinoin, what to monitor, and when to refer.
Preventive Care in HIV: Key Practices to Keep Your Patients Healthy in the HAART Era
Dr. Margarita Lam Antoniades
With the introduction of highly active antiretroviral therapy, the life expectancy of persons infected with HIV is now approaching that of non-infected individuals. In this context, it is important to consider diseases other than HIV that can affect the health and well being of these patients. Family physicians are well positioned to support HIV patients in meeting their preventive health care needs. In this session, participants will gain specific and practical knowledge of how to optimize preventive care for this population.

Upon completion, participants will be able to:

1. understand which chronic diseases HIV patients are most susceptible to, as well as an approach to preventing these;
2. discern the areas in which screening recommendations for HIV patients differ from those for the general population;
3. describe the specific circumstances in which prophylaxis is required for opportunistic infections in HIV.

Psychodermatology in Family Practice
Dr. Dominik Nowak
Psychodermatology is an underdiagnosed and underappreciated aspect of family medicine. This intersection is common, and up to a third of patients presenting with a skin problem will also have a psychiatric complaint. After all, skin influences mind and vice versa. The patient coming in with a psychodermatologic disorder — be it a psychophysioligic, primary psychiatric, or secondary psychiatric disorder — is often challenging for a single-specialty consultant. Family doctors are well-versed in both dermatology and psychiatry and, as such, are in a unique position to give meaningful and comprehensive care to these patients. Yet this overlap is rarely discussed. In this interactive presentation, we will review the recent updates in the DSM-5 relevant to psychodermatology. We will integrate these updates with specific evidence-based therapeutics, especially focusing on recommendations from the CANMAT (Canadian Network for Mood and Anxiety Treatments) guidelines.

Upon completion, participants will be able to:

1. implement recent DSM-5 updates pertinent to psychodermatology, including aspects pertinent to depression, anxiety, and obsessive-compulsive, impulse-control and delusional disorders;
2. integrate these concepts with relevant evidence-based therapeutics from the CANMAT guidelines.

Should I Use Electronic Cigarettes to Assist in a Patient’s Smoking Cessation Journey?
Dr. Alan Kaplan
Electronic cigarettes have been both hailed as a boon to smokers trying to quit and denounced as the cigarette companies’ attempt to newly addict our youth. Which is true? Can patients benefit from the use of e-cigarettes in quitting smoking or do they cause too much harm?

Upon completion, participants will be able to:

1. understand the potential role of electronic cigarettes in assisting a smoking-cessation attempt;
2. grasp the potential harms of electronic cigarettes to your patients;
3. decide which of your patients you should suggest this option to for assisting their smoking-cessation attempt.

The CORE Neck Tool: A New Approach to Neck Pain for Primary Care
Dr. Julia Alleyne
This session will address the clinical issues and current guidelines for patients experiencing neck pain and highlight the need to differentiate neck pain from headache symptoms. The approach will focus on identifying mechanical etiology, while ruling out important red flags, such as concussion and cervical myelopathy. The concepts of neck-dominant versus arm-dominant symptoms will be outlined, and high-yield questions will be utilized, along with a targeted physical examination, to differentiate
symptoms. Management options will be explored in an evidence-based manner that will clearly identify what is recommended and not recommended in the literature for office-based care. Management strategies will be divided into non-pharmacological options and pharmacological options, such as topical and oral medications.

Upon completion, participants will be able to:

1. identify mechanical neck pain and provide evidence-based strategies for non-pharmacological and pharmacological management;
2. list the high-yield questions that identify red flags and yellow flags from a patient’s clinical history;
3. focus the clinical examination on techniques that support differential diagnosis and are relevant to primary practice skills.

The Digital Rectal Exam and Prostate Cancer Screening in Primary Care: Yay or Nay?
Dr. Jason Profetto

Should family physicians continue to perform the digital rectal exam (DRE) in primary care for screening of prostate cancer in asymptomatic men? This question generates ongoing controversy and confusion, for both primary care physicians and patients. The DRE has traditionally been routinely performed during “annual health exams” for men over the age of 50 (and, for some physicians, men older than age 40). Current guidelines from various associations are conflicting and controversial. This session is designed to encourage discussion around the use of the DRE in primary care and the findings of the recent review and meta-analysis.

Upon completion, participants will be able to:

1. understand the evidence behind the use of the digital rectal exam in screening for prostate cancer in primary care;
2. appreciate the current controversies and conflicts in guideline recommendations for the use of the digital rectal exam in primary care;
3. describe the best and most accurate use of the digital rectal exam in primary care.

Time to Get “FIT”: A New and Better Test for Screening Your Patients for Colorectal Cancer
Dr. Lisa Del Giudice

Cancer Care Ontario’s ColonCancerCheck (CCC) program will be transitioning from the guaiac fecal occult blood test (gFOBT) to the fecal immunochemical test (FIT) for colorectal cancer screening of average-risk individuals in Ontario. This presentation will review the evidence behind FIT and highlight its strengths when compared with both gFOBT and colonoscopy for colorectal cancer screening in average-risk patients. Participants will also learn the details surrounding the implementation of FIT in Ontario and how this change will impact colorectal screening practices and patients, including how FIT kits will be distributed to eligible Ontarians with the new pathway, how kits will be returned, and how participants should manage follow-up for their FIT-positive patients.

Upon completion, participants will be able to:

1. explain what FIT is and why it is a better colorectal screening test for their average-risk patients than gFOBT;
2. distinguish between patients who should be screened for colorectal cancer with FIT versus those who should be screened with colonoscopy (i.e., average vs. increased risk);
3. identify the changes that will need to be made to their primary care screening practices when FIT is implemented in Ontario.

Treating Viral Infections with Unnecessary Antibiotics: Understanding The ‘Why’ and ‘How’ This Still Happens!
Dr. Jason Profetto

Acute bronchitis, pharyngitis and sinusitis are often viral infections, yet many patients are being given inappropriate and unnecessary prescriptions for antibiotics. Why and how does this still happen? This session will explore the logical fallacies and cognitive pitfalls in clinicians’ medical decision making as it pertains to antibiotic prescribing in the acute infectious setting. The presenter will demonstrate why certain patient and physician factors can lead to inappropriate prescribing patterns. Challenges, such as time pressures, patient expectations and fallacies such as
appealing to the anecdote,’ are prime examples of how a clinician’s thought process can be clouded and lead to less-than-ideal decision making. The session will examine strategies to understand and mitigate against these potential pitfalls and cognitive traps by exploring what recent research and evidence has demonstrated; focus will be on clinical decision making algorithms for clinicians and communication strategies with patients in primary care.

Upon completion, participants will be able to:

1. understand the indications for when to prescribe antibiotics to patients for acute bronchitis, pharyngitis and sinusitis;
2. describe what factors lead clinicians to often inappropriately prescribe antibiotics for viral illnesses;
3. describe the nature of a logical fallacy and cognitive trap as it pertains to clinical decision making in antibiotic prescribing.

Untangling the Helix 2017: The Genetics Perspective on Autism Spectrum Disorder
Ms. Shawna Morrison

This session will illustrate the clinical features that a primary care provider should note in a patient with autism spectrum disorder (ASD) in determining whether the patient may benefit from referral for genetic consultation. The benefits and limitations of genetic testing for individuals with ASD will be highlighted. A preliminary primary care-based work-up and expectations of a genetic assessment will be discussed.

Upon completion, participants will be able to:

1. identify patients with autism spectrum disorder who may benefit from referral for genetic consultation;
2. discuss the benefits and limitations of genetic testing for autism spectrum disorder;
3. find high-quality genomics educational resources appropriate for primary care.

Untangling the Helix 2017: Update on Prenatal Genetic Screening for Aneuploidy
Ms. Shawna Morrison

This session will update primary care providers on advances in prenatal genetic screening for aneuploidy (e.g., Down syndrome, trisomy 18). Participants will learn about cell-free DNA testing (also known as non-invasive prenatal testing) and enhanced first trimester screening – for whom they are available, how to access these tests and how to engage patients in informed decision making about prenatal screening. Participants will also be supplied with resources and tools that can be used at the point of care.

Upon completion, participants will be able to:

1. identify pregnancies at high risk for aneuploidy;
2. discuss the benefits and limitations of prenatal genetic screening for aneuploidy;
3. find high-quality genomics educational resources appropriate for primary care.
Skills-Based Workshops

**Advanced Suturing**
Dr. Andrew Arcand

This is an advanced suturing workshop focusing on improving existing suturing skills. This session is not appropriate for beginners learning to suture. It is a hands-on workshop focusing on management of complicated wounds.

**Office Joint Injection**
Dr. Tatiana Jevermovic

During this workshop, participants will review different shoulder and knee joint injection techniques, and will practice their skills on injection models.

Upon completion, participants will be able to:

1. identify the pertinent anatomy and landmarks for the injection of shoulder and knee joints;
2. select appropriate equipment to inject the joints;
3. inject the SA space, AC joint, knee joint (sitting and supine) and around the patellar tendon.

**Pessary Use in Primary Care: A Simulation-Based Workshop**
Dr. Parisa Rezaiefar

Pelvic organ prolapse (POP) affects up to 50 percent of parous women, causing significant morbidity, such as stress urinary incontinence (SUI). The Society of Obstetricians and Gynaecologists of Canada recommends pessaries as first-line management for symptomatic patients. Pessary fitting and care is within the scope of practice of family physicians, though training opportunities are limited, in part because there are too few family physician teachers. Family physicians should be encouraged to acquire pessary fitting and pessary care follow-up skills for patients who are candidates for conservative management, reserving referral to urogynecologists for more-complex cases of POP and SUI. Wait times to see urogynecologists are rising. This interactive workshop will start with a review of patients with POP and SUI who are appropriate for non-surgical management. The presenter will discuss patient and pelvic factors impacting patient selection and patient exclusion, then present common pessaries for use in primary care and discuss risk versus benefit. Patient education, follow-up, identification of common complications, and prevention and management of complications will be taught. Participants will then practise in three simulation scenarios with 3D pelvic models and pessaries: 1) a premenopausal woman with SUI and no POP; 2) a postmenopausal woman with moderate POP and SUI; and 3) a postmenopausal woman with severe POP. Each scenario will allow learners to practise the process of patient and pessary selection, as well as fitting, removing and reinserting pessaries, and review follow-up and management of complications.

Upon completion, participants will be able to:

1. identify patients with pelvic organ prolapse or stress urinary incontinence and determine factors impacting on the decision to choose non-surgical management, such as pessaries, in primary care versus referral to a specialist;
2. identify common types of pessaries for management of pelvic organ prolapse and stress urinary incontinence and common complications associated with their use;
3. fit, remove, clean and reinsert common pessaries, and assess and manage patients for complications of commonly used pessaries.

**Pimple Popping and Lump Lopping: Two Easy Techniques To Enhance Your Office Practice**
Dr. Edward Weiss

Epidermoid cysts (previously called sebaceous cysts) are a common presentation in the family practice setting. Although they are generally benign, these cysts can be bothersome and unsightly, and are prone to spontaneous inflammation and infection, which
can be painful and disfiguring. Traditional surgical techniques for excision can be time consuming and do not always guarantee complete resolution. The minimal excision technique for epidermoid cysts is an alternative, simple and quick surgical procedure that can be performed in almost any family practice setting and is easily learned. This session will review patient selection for, contraindications to, and the performance of the minimal excision technique, including a live demonstration on a simulated cyst. In addition, participants will learn about the technique of saucerization biopsies, which can often be performed in the office setting to rule out significant skin pathology with great ease and speed.

Upon completion, participants will be able to:

1. properly select which patients may benefit from the use of the minimal excision technique;
2. feel more comfortable performing the minimal excision technique in their practices;
3. identify opportunities to use the saucerization biopsy technique and feel comfortable performing this procedure.

Problem Solving In Neurology for Family Physicians

Dr. Duncan Mcilraith

This interactive session will draw on actual cases with emphasis on cognitive strategies for solving diagnostic problems in neurology, as opposed to the more traditional approach of relying solely on simple pattern recognition based on descriptive phenomenology. Included will be content of relevance to hospital- and office-based physicians alike that may be of particular interest to those involved in student and resident teaching.

Upon completion, participants will be able to:

1. reflect upon their own approach to diagnosis of neurological problems;
2. develop strategies for the clinical diagnosis of both common neurological conditions and undefined presentations;
3. establish a foundation for further self study and for teaching students and residents.

Suturing 101

Dr. Andrew Arcand

This session will provide a review of wound management and suturing techniques for the family physician, medical student and resident. This is a very basic review that will be perfect for those with limited clinical experience or those looking for a basic review. This is a space-limited, hands-on workshop.

The Neurological Examination for Family Physicians

Dr. Duncan Mcilraith

This session will consist of an interactive demonstration of the basic neurological examination. Emphasis will be on technique rather than on interpretation of signs. The principal objective will be acquisition of skills for performing a time-efficient, reliable examination applicable to a wide variety of neurological problems. Also included will be a quick neurological exam suitable for patients, otherwise acutely ill, that can be performed in less than five minutes.

Upon completion, participants will be able to:

1. continue to develop skills to perform a reliable, time-efficient, rational neurological examination applicable to a wide range of patient encounters;
2. have a rational basis for effectively teaching the neurological examination to others;
3. effectively communicate the neurological examination to colleagues.
Talks

Abnormal Uterine Bleeding
Dr. Risa Bordman

About 15 per cent of women will experience abnormal uterine bleeding before they reach menopause. Abnormal uterine bleeding can be divided into ovulatory, anovulatory or anatomic, as well as premenopausal or postmenopausal. This lecture will help to distinguish the causes, investigations and treatments for each type of abnormal bleeding. It will aid clinicians in working together with their patients to develop a collaborative approach to managing vaginal bleeding.

Upon completion, participants will be able to:

1. identify the different types of abnormal uterine bleeding;
2. investigate women who presents with abnormal vaginal bleeding;
3. manage or appropriately refer women whose bleeding is interfering with her daily routine.

Addiction: The Neurobiology and Implications of Treatment
Dr. Mark Weiss

This presentation will explore how addiction begins and the interplay between the social, psychological, genetic and opportunistic factors that interact with the brain’s neurobiology, resulting in addiction. Physicians will acquire tools to help them transfer this important information to their patients, which, in turn, will aid them in helping patients understand the insidious nature of the disease and the types of treatment required for recovery. The presentation will offer a unique approach for teaching patients about the nature of addiction and the implications for treatment.

Upon completion, participants will be able to:

1. understand how biology interacts with psychosocial factors to influence the progression of addiction;
2. simply teach patients about the neurobiology in a manner that strengthens the therapeutic process;
3. use neurobiology to inform treatment strategies.

Acute Severe Headache Diagnostic and Management Pearls 2017
Dr. Sean Moore

This session will outline recent advances in and clinical pearls relating to severe acute headaches (SAH), migraine, lumbar puncture (LP) and traumatic brain injury. The focus will be on using and applying practical tips for management issues that give ER physicians headaches. We will cover CT rules, better approaches to LP, concussion, and intracranial hemorrhage management.

Upon completion, participants will be able to:

1. choose when to do CT scanning for severe headaches;
2. identify key aspects for performing LP that improve success;
3. treat anticoagulated patients with head injuries resulting in life-threatening bleeds.

Aedes to Zika: Arboviruses Coming to Your Clinic Sooner than Later
Dr. Jay Keystone

In the past decade, the world has been rocked by two new arthropod-borne viruses, chikungunya and Zika, that have added to the increasing global problem of dengue fever. Not only have these three viruses taken a major toll on populations in developing countries, they have also reached the shores of the United States, where local transmission has occurred. Each of these viruses has a different but not dissimilar clinical picture, making it difficult to determine which one has affected a returned traveller. The diagnostic approach to these infections is similar, with rapid diagnostics used early, followed by serologic diagnosis. If the latter is done too early, a negative test
is guaranteed. Furthermore, there are strict criteria on which travellers can be tested for Zika infection. In addition, the management of these infections may be completely contradictory with respect to whether NSAIDS are or are not contraindicated. If we thought that fever and flu-like symptoms were a headache for travellers, Zika comes along and makes our lives completely miserable, especially for those of child-bearing age. This the first mosquito-borne virus that can impact severely on our offspring through sexual transmission. Why has this happened and what can we do about it? This presentation will inform you about the big three viruses and answer most of your questions, leaving some for the future. Expect this speaker to be entertaining and politically incorrect.

Upon completion, participants will be able to:

1. recognize clinically the three viruses and how they differ;
2. diagnose and manage these infections;
3. prevent the important sequelae of these viruses.

**Antenatal Guidelines: New Forms, New Screening Tools**

**Dr. Lisa Graves**

This presentation will explore the new forms, screening tools and other information related to the Antenatal Guidelines.

**Upon completion, participants will be able to:**

1. describe an approach to evidence informed antenatal care;
2. adapt screening tools to a specific patient population;
3. apply antenatal screening to continuity of care.

**Approach to Anxiety Disorders in Primary Care**

**Dr Jon Davine**

In this presentation, the presenter will provide an overview of some of the DSM-V diagnoses for anxiety, including panic disorder, agoraphobia, obsessive-compulsive disorder and related disorders, generalized anxiety disorder, and social phobia. He will discuss how to use specific screening questions to facilitate making the different diagnoses in a time-efficient manner. Psychotherapy techniques that are applicable in the primary care sector will be presented. We will then go on to present principles for the psychopharmacological treatment of these disorders in primary care. The pharmacologic data for this session will be based on recent evidence-based guidelines.

**Upon completion, participants will be able to:**

1. define screening questions to make rapid diagnoses of specific anxiety disorders;
2. describe psychotherapeutic techniques to deal with anxiety disorders;
3. outline psychopharmacologic treatments for the different anxiety disorders.
Approach to Proteinuria
Dr. Scott Brimble
This presentation will discuss a clinical approach for addressing Proteinuria.

Approach to Syncope and the Dizzy Patient
Dr. Vu Kiet Tran
This presentation will aim to provide participants with a simple and efficient way of approaching, investigating and managing the patient who presents with syncope and dizziness. Syncope is a complex symptom with an often confusing list of differential diagnoses. Clinicians are often frustrated by the lack of a standardized approach. Here, we will reverse this and bring excitement to the office management of syncope. Learners will leave the presentation thinking syncope is one of the most exciting topics in family medicine!
Upon completion, participants will be able to:
1. identify the risk factors for cardiac origin of syncope;
2. build a systematic approach for the investigation of syncope;
3. discuss the limitations of investigative tools for syncope.

Approaches to Common Scenarios of Plastic Surgery for Family Practice
Dr. Sanjay Azad
Plastic surgery is a key specialty to improve patient outcomes. Its approaches are from head to toe and its techniques are easily applicable to family practice. This presentation will indicate approaches that all family doctors can use in their practice to the best advantage of their patients. It will look at numerous aspects of this specialty, providing strategies to improve patient management. Hand surgery, both elective and emergency, will be a key topic. A discussion of common strategies to handle simple wounds will consider diabetic wounds, pressure ulcers, burns and necrotizing soft tissue infections. The presenter will discuss approaches in ambulatory care and the emergency room regarding the use of dissolving sutures, nerve blocks, long-lasting analgesia, ear lacerations and lip lacerations. Simple approaches to skin cancers will be mentioned.
Upon completion, participants will be able to:
1. identify common scenarios in plastic surgery;
2. understand management of common hand injuries, wounds and skin cancer;
3. enhance their approaches to the procedural aspect of their daily practice.

Asthma vs. Bronchiolitis vs. Croup
Dr. Tom Kovesi
Asthma, bronchiolitis and croup are all common causes of respiratory distress and high-pitched respiratory noises (wheeze or stridor) in young children, and determining the correct diagnosis can be challenging. The diagnosis is important because the management of these conditions is quite different.
Upon completion, participants will be able to:
1. accurately diagnose bronchiolitis, croup and asthma, even in infants and young children;
2. identify the best treatment strategies for controlling asthma in children;
3. recognize treatment options for bronchiolitis and croup.

Being Sure It Is, and Is Not, Parkinson’s and Other Movement Disorders
Dr. David Grimes
The proper techniques for assessing individuals for possible Parkinson’s disease will be highlighted with the help of extensive videos. Pearls for differentiating common misdiagnoses will be included. Treatment options for Parkinson’s disease will be reviewed with a focus on how to properly use the gold standard, levodopa. Evidence for treating common non-motor symptoms, including dementia, psychosis and depression, will also be a focus.
Upon completion, participants will be able to:

1. perform a better neurologic exam for Parkinson’s disease;
2. identify key features on physical examination that differentiate Parkinson’s disease;
3. understand how to properly use levodopa and other treatment options for the non-motor features of Parkinson’s disease.

**Benign Prostatic Hyperplasia (BPH): Where Do All the New Drugs Fit In**

Dr. Adrienne Quirouet

This presentation explores benign prostatic hyperplasia and update on medications.

**Beyond Cognitive Enhancers: Practical Tips to Optimize Medications for Persons with Dementia in Primary Care**

Dr. Linda Lee

Because persons with dementia are at particularly high risk of medication-related adverse events, optimizing pharmacotherapy is an important task for the primary care clinician. This workshop will focus on a practical approach to medication management in the cognitively impaired older adult.

Upon completion, participants will be able to:

1. describe ways to detect and manage medication non-adherence;
2. discuss common concerns with medication use in persons with dementia;
3. describe ways to optimize use of appropriate medications and minimize use of problematic medications in persons with dementia.

**Billing 101: Billing Appropriately and Effectively in a Capitated Model**

Dr. Franklin Sheps

Billing for FHO is a complex process because your income is derived from a number of different programs. This presentation will offer tips on how to maximize your billings by maximizing the number of patients registered and through the use of billing program strategies.

Upon completion, participants will be able to:

1. understand the key factors that differentiate FHO billing from fee for service;
2. identify strategies to define and maintain your patient roster;
3. identify strategies to maximize out-of-the-basket billing.

**Cocktails in the ER**

Dr. Sean Moore

This presentation explores cocktails of medications in the emergency room.

**Common Office Emergencies**

Dr. Avik Nath

This presentation will explore common office emergencies.

**Concussion and the Return to Work and Play – Acute vs. Chronic**

Dr. Taryn Taylor

This presentation will discuss an overview of concussion, briefly review the updated consensus statement, discuss management options and provide tips to assist with return to learn, return to work and return to play after acute and chronic concussion.

Upon completion, participants will be able to:

1. better assess a concussion in a clinic setting;
2. counsel activities patterns in patients as they recover from a concussion;
3. counsel patients as they recover from a concussion to assist with returning to school/ work and avoid setbacks in their recovery.
Dermatology Review: Everything You Wanted to Know for 2017
Dr. Benjamin Barankin

Join this session to hear a review of new therapeutic options and the new pathophysiologic understanding of dermatologic conditions. Medical, pediatric, surgical, laser and cosmetic developments will be covered, from inflammatory skin conditions, to skin infections, to skin malignancies and cosmetic aspects of dermatology.

Upon completion, participants will be able to:

1. better understand therapeutic medical and pediatric developments in dermatology for 2017;
2. describe therapeutic surgical and cosmetic developments in dermatology for 2017;

Diabetes and the Eye
Dr. Peter Lin

Diabetes affects multiple organs, yet the eye complications have not been the subject of many continuing professional development education initiatives. These eye complications can lead to loss of the ability to drive, to be employable, to live independently, and may even affect the ability to take medications properly. In this interactive, case-based session, the importance of family practitioners in the care of the eyes of diabetic patients will be reinforced. Participants will understand the consequences of delays in screening, and the various ways in which diabetes can affect the eye. Treatments will be explained, so that family doctors can answer any questions that patients may have after specialist appointments. Participants will learn what a comprehensive eye exam really means, and they will be introduced to a practical tool developed by COS that will help encourage eye screening in people with diabetes. Practical tips on when to refer and what information needs to be passed on to the eye care professional (i.e., optometrist/ophthalmologist) will be provided, along with an explanation of what the reports coming back mean. To help reduce eye complications, the session will also emphasize the importance of good diabetes care in general.

Upon completion, participants will be able to:

1. list findings in the cognitively impaired patient that may indicate that driving safety is a concern;
2. explain office-based tests that can help in the assessment of the potentially unsafe cognitively impaired driver and the role of on-road driving assessments;
3. communicate concerns about driving safety that are less likely to harm the patient-physician relationship.

Driving and Dementia: Practical Tips
Dr. Linda Lee

With the aging Canadian population and estimates that approximately one-quarter of persons over age 65 suffer from either mild cognitive impairment or dementia, family physicians will be increasingly challenged with driving-safety concerns. In most provinces, it is mandatory to report potentially medically unfit drivers to transportation authorities. This session will provide the busy family physician with practical tips on dealing with driving-safety concerns in the older adult who is cognitively impaired.

Upon completion, participants will be able to:

1. outline how diabetes affects the eye and help close the current screening and follow-up gap;
2. describe the historical and current treatment options for diabetic retinopathy;
3. detail the components of a comprehensive eye exam and the general practitioner’s role.

Effective and Efficient Cardiac Testing
Dr. Richard Choi

After the history and examination, cardiac testing is often required to further evaluate chest pain. There is an array of different cardiac testing options, each with their own advantages and disadvantages. Choosing the correct testing approach requires an understanding of the patient and the limitations of testing in looking for underlying coronary artery
disease. This talk will be presenting a case-based approach to coronary artery disease (CAD) testing and will also discuss the major pitfalls in dealing with the results such as the false positive test and the false negative test.

Upon completion, participants will be able to:

1. select appropriate testing for coronary artery disease in the chest pain patient;
2. manage the chest pain patient when a false positive result is suspected;
3. manage the chest pain patient when a false negative result is suspected.

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**Elder Abuse**  
**Dr. Bachir Tazkarji**

This session will provide a review of the different forms and common scenarios of elder abuse. What are common risk factors? When is it mandated to report a witnessed incident? How can a healthcare provider help? The presenter will offer an overview of available resources and details on how you can learn more.

Upon completion, participants will be able to:

1. identify the different types of elder abuse;
2. identify patients at higher risk for elder abuse or neglect;
3. better help patients who might be subject to elder abuse or mistreatment.

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**End-of-Life Planning in Group Format in Primary Care is Highly Effective**  
**Dr. Dale Guenter**

The Health Tapestry Research Program at McMaster’s Department of Family Medicine identified that the general population of older adults was eager to have conversations about end-of-life plans, and that most had not done so. Based on this, and the evidence that advance care planning (ACP) can improve health and health service utilization, McMaster Family Health Team developed an interprofessional, group-based program to be delivered in workshop format in a two-hour session, which has now been delivered numerous times. The goals of this curriculum are: to provide opportunity for enjoyable reflection and conversations about fears and priorities in the face of serious illness; to improve people’s understanding of the technicalities and legalities of ACP; to provide people with support and resources in order to write and communicate an ACP; and, to help people to determine who their best substitute decision maker would be. This presentation will introduce participants to the methodology used to achieve each of these goals, as well as evaluation data on the effectiveness of the curriculum.

Upon completion, participants will be able to:

1. design a group program for end-of-life planning;
2. explain the principles and steps of end-of-life planning.

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**Fever in the Returned Traveller**  
**Dr. Isaac Bogoch**

This session provides a pragmatic approach in the diagnosis and management of ill returned travellers. The presenter will describe an approach to generate a differential diagnosis, and discuss relevant investigations and treatment plans, with a focus on out-patient care. The session will be a blend of didactic and interactive cases, and participants should be comfortable in the care of the ill returned traveller by the end of the session.

Upon completion, participants will be able to:

1. generate a differential diagnosis of potential illnesses based on symptoms and travel history in the ill returned traveller;
2. form a pragmatic clinical approach in caring for the ill returned traveller;
3. generate an effective clinical management plan for ill returned travellers.
First Trimester Tribulations
Dr. Karen Fleming

Early pregnancy can be a challenging time for women, as well as their primary care providers. This rapid fire session will review presentation, diagnosis and management of common first trimester problems. The role of Early Pregnancy Assessment Units will be explored.

Upon completion, participants will be able to:

1. identify common causes of first trimester bleeding and pain;
2. develop a systematic approach to investigating and managing first trimester bleeding in their setting;
3. understand the role of First Trimester Assessment Clinics.

Foot Problems for the Family Doctor: Beyond Plantar Fasciitis
Dr. Leslie Goldenberg

This presentation will explore foot problems presented in practice.

Fracture Management for the Family Physician
Dr. Arun Sayal

Family doctors will often be asked to see patients with a healing fracture, especially when orthopedic access is far removed. This case-based seminar will review which patients are safe to manage, which should be referred and why. Learn about complications to watch for, strategies for dealing with them, and when and why you need an x-ray to monitor healing.

Upon completion, participants will be able to:

1. better recognize patients that are ‘safe’ to treat, versus those that should be referred early;
2. describe how to diagnose healing of orthopedic injuries clinically and radiographically;
3. describe common complications of minor fractures and the strategies for managing them.

Gastrointestinal Bleeding: Overt and Occult
Dr. Natasha Bollegala

This presentation will review an evidence-based approach to the diagnosis, investigation and management of gastrointestinal bleeding, with a focus on ambulatory clinical scenarios encountered by general practitioners and emergent scenarios encountered by emergency medicine-trained general practitioners.
Upon completion, participants will be able to:

1. recognize the varying presentations of overt and occult upper and lower gastrointestinal bleeding;
2. understand investigation and management algorithms for overt and occult gastrointestinal bleeding;
3. describe an approach to obscure gastrointestinal bleeding.

Gestational Diabetes and Gestational Hypertension
Dr. Shital Gandhi

This presentation will cover gestational diabetes and gestational hypertension.

Going Rural and Remote: Practice Pearls for Locum Physicians
Dr. Dominika Jegen

Many physicians, most often those who have recently graduated or are on the verge of retirement, elect to work in rural and remote regions of Canada as locum tenens. It is both challenging and fascinating work! While training and experience in family and emergency medicine unequivocally serve as our knowledge base in these locations, additional know-how and skills must be quickly acquired to not only survive, but also thrive in these demanding environments. Beyond just limited resources, additional obstacles include unknown patient histories, responsibility for multiple patients at once (often distributed in outlying nursing stations), non-specific presentations and frequent patient non-compliance. Through her work as a full-time rural and remote locum physician in Northern Ontario, the Northwest Territories and Nunavut, the presenter has amassed practice pearls to improve patient care and outcomes and to decrease practitioner stress and anxiety. The five foci of the presentation will be preparation during the five minutes before the patient encounter, being self-sufficient (with or without electricity), integral procedures to include in your skill set, how to alter your prescribing patterns to better target the rural and remote patient population and, most importantly, sequential patient reassessment, which proves invaluable in decreasing sleepless nights and drastically limiting the ordering of Medivacs. It can be performed anywhere, usually with great compliance from patients and endorsement for this technique from nursing staff.

Upon completion, participants will be able to:

1. prepare effectively for a rural or remote locum assignment;
2. see patients more efficiently and effectively while working as a rural or remote locum;
3. help patients and nursing staff to continue care more effectively once the physician leaves the community.

Idiopathic Pulmonary Fibrosis and the Family Physician
Dr. Alan Kaplan

Idiopathic pulmonary fibrosis accounts for roughly 20 per cent of all interstitial lung diseases and is something you will see in your practice, but will you recognize it? It is often misdiagnosed initially, which may have implications because there are new treatments that are antifibrotic and can help to prevent the scarring that occurs in the lung. Even after being diagnosed, there is a significant role for the family physician in the management of this progressive, usually fatal condition. You can make a difference by recognizing the condition and getting treatment established, while supporting the patient through an arduous journey.

Upon completion, participants will be able to:

1. recognize a patient with pulmonary fibrosis;
2. initiate the appropriate workup for your patient;
3. support a patient with this disease.
**Immunization Update**  
**Dr. Jay Keystone**

Primary care physicians are excellent at providing childhood immunizations, but may not be as expert in developing vaccine strategies for adults. This fun-filled presentation will provide an update on adult immunizations, explaining the upsides and downsides of current recommendations. A few examples: Oral pharyngeal cancer due to HPV has become a significant threat to men, now approaching similar rates to cervical cancer in women. Influenza vaccine during pregnancy has recently been shown to reduce low birth weight and preterm births. In adults with coronary artery disease and cerebral vascular disease, the vaccine has been shown to reduce myocardial infarction and stroke, respectively. Although we have a free influenza vaccine in Ontario, new vaccines are available that are more effective, especially in those at high risk of disease. Adult immunizations should be a part of every patient encounter; now is the time to learn more to give more. This entertaining presentation will tell you how and why.

**Upon completion, participants will be able to:**

1. understand the epidemiology of vaccine preventable diseases in Canada;
2. know the benefits and risks of current adult vaccines.

**Introducing and Adjusting Insulin in Type 2 Diabetes**  
**Dr. Inge Schabert**

Starting and adjusting insulin in type 2 diabetics is within the scope of practice of primary care providers. In this presentation, the speaker will use cases to demonstrate how the healthcare provider can safely and effectively start and adjust insulin using evidence-based tools, resources and techniques. At the end of this session, attendees will be able to initiate insulin using these resources and tools in a step-wise, clear and simple approach. During the session, attendees will have the opportunity to work through several cases using these tools and resources in order to familiarize themselves with this important topic and skill.

**Upon completion, participants will be able to:**

1. list different types of insulins available to apply in insulin dosing and titration regimes;
2. describe and apply a practical primary care approach to initiating and adjusting insulin therapy;
3. effectively use evidence-based tools to start and adjust insulin in different case scenarios.

**Introduction of Food in the First Year of Life**  
**Dr. Sari Herman**

This talk will discuss how to introduce food in the first year of life.

**Introduction to Medical Cannabinoids**  
**Dr. Taylor Lougheed**

Cannabinoids as a class of chemical compounds have garnered tremendous attention over the last several years. It is becoming increasingly important that physicians develop a comfort with them in order to appropriately counsel and educate their patients regarding their use. This presentation aims to briefly review the function of this unique class, review the regulations surrounding its medical use, and outline some of its common medical uses.

**Upon completion, participants will be able to:**

1. describe the basic structure of the endocannabinoid system;
2. summarize the current legal and medical regulations governing medical cannabinoids;
3. identify patients that may be candidates for medical cannabinoids based on current guidelines and evidence.
Iron Deficiency Anemia: What Family Physicians Need to Know About Diagnosis and Management
Dr. Yulia Lin

Iron deficiency anemia (IDA) is the most common cause of anemia worldwide. The prevalence of IDA has been found to be as high as 4 per cent in women, 16 per cent in pregnant women in the third trimester and 6 per cent in elderly patients. However, IDA is underrecognized and undertreated. In severe cases, patients are often referred to the emergency department for red blood cell transfusion. The first objective is to learn how to recognize iron deficiency anemia. Anemia is defined as hemoglobin less than 120 g/L in women and 130 g/L in men. Iron deficiency is defined as a ferritin less than 30 ug/L OR a ferritin less than 100 ug/L with a transferrin saturation less than 20 per cent. A mean cell volume (MCV) less than 80 fl when previously documented as normal may also be an indicator of IDA. Causes of iron deficiency anemia will be reviewed. The second objective is to learn how to prescribe treatment for iron deficiency anemia. The available oral iron formulations will be discussed, along with their side effects. Indications for intravenous iron and their side effects will also be presented. A case-based approach will be used in this session.

Upon completion, participants will be able to:

1. define iron deficiency anemia;
2. advise patients on oral iron treatment for iron deficiency anemia;
3. assess for iron deficiency anemia by looking at the MCV.

Irritable Bowel Syndrome: A Practical Approach
Dr. Natasha Bollegala

This presentation will review an evidence-based approach to the diagnosis, targeted investigation and management of irritable bowel syndrome with an emphasis on current guidelines.

Upon completion, participants will be able to:

1. understand current diagnostic criteria for irritable bowel syndrome;
2. use evidence-based, guideline-supported approaches in the management of irritable bowel syndrome.

It’s Overgrown Toeskin, NOT Ingrown Toenail
Dr. Henry Chapeskie

This is an innovative approach to an old problem. The term “ingrown toenail” incriminates the nail as the causative factor; however, there is excellent evidence-based research demonstrating that there is no nail abnormality and that the problem is due to an excessive amount of soft tissue, which can be excised. The nail is not touched! The result is cosmetically excellent and the problem will never recur!

Upon completion, participants will be able to:

1. understand that there is excellent evidence-based research demonstrating that there is no nail abnormality and that the problem is due to an excessive amount of soft tissue;
2. gain confidence in this technical procedure that can be performed in the family physician’s office;
3. trust in an evidence-based rationale for the cessation of removing part or all of the toenail.

Jeopardy: Answering Common Clinical Questions Selected by the Audience
Dr. Michael Allan

This presentation will be conducted in “game show” format, with the audience choosing from approximately 28 topics covering a broad range of issues in primary care. The rapid fire presentation will address common clinical questions, such as: Do multivitamins improve health?; Will consuming coffee or chocolate shorten one’s life?; What drug reduces fever best?; Is the CBC effective in screening?; Can sleep restriction treat insomnia?; and, How well does melatonin work?
Upon completion, participants will be able to:

1. benefit from some quick pearls in the management of pediatric patients;
2. understand some of the current research around vitamins, supplements and food;
3. see the actual benefits/harms (e.g., NNT) of commonly prescribed interventions.

KidneyWise: An Innovative Chronic Kidney Disease (CKD) Clinical Toolkit For Primary Care Providers
Dr. Allan Grill

Want to become an expert in managing chronic kidney disease (CKD) in primary care? Come and hear about the KidneyWise Clinical Toolkit, a practical, evidence-based, easy-to-use resource to help identify and manage patients at risk for, or with, CKD. This disease affects approximately 2 million Canadians and is a recognized risk factor for all-cause mortality. Patients who progress to end-stage renal disease experience significant morbidity and a reduced quality of life. The KidneyWise toolkit contains a practical clinical algorithm, an outpatient nephrology referral form and an interactive app that can be used at the point of care to improve the early detection and prevention of progression of CKD. These materials will be distributed and reviewed in detail during this session. An interactive case presentation will also be used to highlight the key take-home messages.

Upon completion, participants will be able to:

1. identify which patients in a typical family practice are at higher risk for chronic kidney disease (CKD);
2. determine which investigations to order when screening patients at high risk for CKD and how to interpret the results;
3. implement a practical clinical algorithm that outlines the role of the primary care practitioner in managing patients with CKD and the criteria for appropriate referral to nephrology.

MAID in Ontario: Challenges and Opportunities for Providers
Dr. Edward Weiss

Medical assistance in dying (MAID) became legal in Canada in 2016. Since then, many physicians and NPs involved in providing end-of-life care have had to keep pace with a rapidly evolving set of medical, legal and organizational changes and challenges in the assessment and provision of MAID. This session aims to educate participants on the current landscape of MAID services in Ontario. Access to MAID in our province is hampered by a lack of centralized resources; instead, there is a patchwork of supports available to providers. Through discussion of actual MAID cases, this presentation will highlight the factors that contribute to how MAID has been successfully implemented in various Ontario communities to date, and how to approach and navigate barriers to assisted dying. Please note that this presentation presumes a basic knowledge of MAID and an interest in supporting the delivery of MAID services in Ontario.

Upon completion, participants will be able to:

1. utilize existing community resources to enhance the delivery of MAID services;
2. find support and mentorship from colleagues involved in the provision of MAID;
3. be more comfortable with recognizing potential barriers to MAID and finding solutions to overcome these.

Management of Common Chemotherapy Complications for the Family Physician
Dr. Anna Wilkinson

Family physicians are increasingly involved in the care of their patients with cancer, both during and after treatment, or on an ongoing palliative basis. Unfortunately, there is limited education for family physicians around oncology basics, specifically with respect to short- and long-term side effects of treatment. This talk will explore the management of acute side effects of chemotherapy, such as nausea, vomiting and febrile neutropenia, as well as some of the lesser-known side effects of new biologic
agents. Long-term side effects of treatment will be also explored, with an emphasis on cardiotoxicity, secondary malignancies, and ongoing side effects of hormonal therapies. This review of common chemotherapy complication is intended to increase the comfort level of family physicians caring for patients with cancer in their practice.

Upon completion, participants will be able to:

1. understand the basics of chemotherapy, immunotherapy, targeted and hormonal therapy;
2. manage short-term side effects of cancer treatment;
3. recognize and manage long-term side effects of cancer therapy.

Managing Insomnia: How to Help Your Patients Sleep Better
Dr. Purti Papneja

It’s estimated that 30 percent to 40 percent of adults suffer from occasional insomnia and 15 per cent to 20 per cent of adults have chronic insomnia. Poor sleep results in significant behavioural and physiological changes in an individual. In this interactive workshop, participants will work through cases of sleep-related complaints that are commonly encountered in family practice/walk-in-clinics. By the end of the session, participants will have a clear approach to insomnia and learn how to manage it using behavioural therapy and appropriate pharmacotherapy. Participants will also learn how to help patients safely get off their benzodiazepines and other sleep aids.

Upon completion, participants will be able to:

1. evaluate and manage patients with insomnia using behavioural therapy in office;
2. explore evidence behind prescription and non-prescription sleep aids;
3. safely wean patients off benzodiazepines and/or Z-drugs.

Managing the Aggressive Child: It’s Not Just a Temper Tantrum
Dr. Umesh Jain

This talk will discuss the management of aggressive childhood behaviour.

Medical Cannabis for Chronic Pain: What’s the Buzz?
Dr. Alan Kaplan

Chronic pain management is a true challenge to all of us in practice. The advent of medical cannabis seems to bring an opportunity for another management option. Learn the good and bad about this class of drug and the options for treatments. Should you utilize this class of drug or should you oppose the concept? The presenter will review the current College of Family Physicians of Canada recommendations for medical cannabis therapy and discuss how to choose the right therapy for the right patient, recognizing that we need to be just as vigilant with this class of drug as we are with opioids.

Upon completion, participants will be able to:

1. understand the indications for cannabinoids in pain management;
2. describe the different delivery methods and dosage choices;
3. outline the adverse effects of cannabinoids in clinical practice.

Mixing and Matching: Layering Psychiatric Medications as Family Physicians
Dr. Jon Davine

Often, psychopharmacologic treatment of psychiatric conditions involves combining medications in an appropriate manner. In this workshop, we will discuss a number of scenarios where this occurs. This will include augmenting a partial response to antidepressants, dealing with treatment-resistant depressions, treating acute manic conditions, dealing with insomnia, dealing with anxiety disorders, schizoaffective disorder, among others. Participants
will be encouraged to bring up some of their own cases where issues of “layering” occurred.

Upon completion, participants will be able to:

1. combine medications to optimize antidepressant treatment response;
2. combine medications to optimize sleeping;
3. describe examples of combining psychiatric medications that may be pertinent to the patient’s situation.

Navigating Opioids for Chronic Pain
Dr. Abhimanyu Sud

Canada is the world’s second-highest per capita consumer of prescription opioids, even though we don’t have good evidence for their efficacy for chronic pain. As various new guidelines describe, complications from prescription opioid use, including overdose and death, are related to dose, which is not widely appreciated by prescribers or patients. Since there are many different opioids used for the same purpose, we can use morphine equivalence to compare relative potency and thus also capture risks of dose-related complications. Communicating risks of opioids is essential for informed consent and applying morphine equivalence is a core competency for opioid prescribing. As the prescribing of opioids comes under greater scrutiny and there are increasing pressures to reduce prescribing and taper doses, we need tools that can facilitate evidence-informed discussions with patients. Tools that can get patients and prescribers understanding and speaking the same language should be particularly effective in this objective. Safely navigating opioid prescribing for chronic pain demands excellent clinical skills to reliably calculate morphine milligram equivalents and skills to effectively communicate with patients to create a commitment to shared decision making. A visual practice tool can help to facilitate understanding and communication in this increasingly complex and challenging area.

Upon completion, participants will be able to:

1. assess patient risks for overdose, harms and complications at increasing doses of opioids;
2. explain to patients the increasing risk of overdose and higher rates of complications at higher doses;
3. establish consensus and shared decision making for addressing patients’ chronic pain.

New Mainpro Plus: What You Need to Know!
Ms. Melissa Lujan

Join us for an informative and interactive session on Mainpro+. This session will cover the changes to the Mainpro+ credit and activity categories. Participants can engage in a live demonstration on how to report various types of learning activities right on the member dashboard. You will learn how to earn and report credits for practice activities you do on a daily basis. The CFPC is committed to providing quality CPD to meet your evolving interests and learning needs.

Upon completion, participants will be able to:

1. effectively navigate the Mainpro+ dashboard to assist in planning your CPD learning goals;
2. define Mainpro+ credit categories and how they relate to CPD activities;
3. track CPD activities in your Mainpro+ dashboard with confidence.

Office MSK Imaging: What’s the Right Test?
Dr. Arun Sayal

Patients with MSK complaints are very commonly seen in primary care settings. Many imaging options are possible, including x-ray, ultrasound, CT, MRI, bone scan – and even no imaging at all! This interactive talk will focus on common extremity complaints that present to a family medicine office and review imaging strategies that allow for optimal, informed care of our patients, as well as efficient use of our healthcare resources.
Upon completion, participants will be able to:

1. describe the general indications for MSK orthopedic imaging modalities, including x-ray, ultrasound, CT, MRI and bone scan;
2. outline the clinical findings (history and physical) of common office MSK conditions;
3. define indications (if any) for various tests for common office MSK complaints.

Opioid Use for Chronic Non-cancer Pain: The Big Picture
Dr. Henry Chapeskie

In the past 20 years, the use of opioids for chronic non-cancer pain has increased dramatically, along with associated morbidity and mortality. With recent government and regulatory body concern regarding the opioid crisis, many physicians have begun to question the role of opioids in the treatment of chronic non-cancer pain. This presentation will provide the physician with the opportunity to identify and critically evaluate the role of opioids in the treatment of chronic non-cancer pain. Physicians will review the phenomena of narcotic neurotoxicity and narcotic-induced hyperalgesia. There is evidence-based rationale for the reduction/cessation of opioids in the treatment of chronic non-cancer pain.

Upon completion, participants will be able to:

1. understand the social and historical context of opioids, and lack of evidence for using opioids to treat chronic non-cancer pain;
2. understand narcotic-induced neurotoxicity and hyperalgesia, as well as the controversial role of marketing techniques in the use of opioids;

Osteoarthritis versus Rheumatoid Arthritis: An Approach
Dr. Lori Albert

Inflammatory arthritis is a “don’t miss” diagnosis that can sometimes be challenging to make in the primary care setting. This session will provide the attendee with an approach to identifying rheumatoid arthritis versus osteoarthritis at early presentation, along with the best use of laboratory testing (such as RF and anti-CCP) and imaging to support the diagnostic process. Evidence-based management of osteoarthritis will be reviewed. An approach to initial management of RA, along with tips for expediting rheumatology consultation, will also be discussed.

Upon completion, participants will be able to:

1. differentiate the clinical presentation (history and examination) of osteoarthritis from that of rheumatoid arthritis;
2. appropriately use laboratory investigations and x-ray for diagnosing OA and RA;
3. recommend and implement evidence-based therapy for management of osteoarthritis and initial management of rheumatoid arthritis.

Patient Enrollment Models and Tips for Residents Entering Practice
Dr. Ryan Banach

Family physicians are educated and trained primarily in clinical areas. They spend many years acquiring clinical skills, yet are now faced with a multitude of business decisions they may not have considered during medical training. The purpose of this program is to answer common questions physicians ask when entering practice.

Upon completion, participants will be able to:

1. be aware of the of practice models available in Ontario;
2. able to identify tools and resources available to support their entry into practice.
**Pediatric Eye Problems**  
*Dr. Michael O’Connor*

This talk will discuss pediatric eye problems.

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**Polycystic Ovarian Syndrome and Fertility: Helping Patients Conceive in Primary Care**  
*Dr. Carrie Schram*

With a prevalence of approximately 1 in 10, polycystic ovarian syndrome (PCOS) is a condition commonly experienced by women of reproductive age and one that is frequently encountered in primary care. The primary challenge with PCOS with respect to fertility is ovulatory dysfunction. For some women with PCOS, ovulation occurs but is very unpredictable. For others, ovulation occurs rarely or not at all. An appropriate work-up should be performed to rule out other conditions and one may consider anti-mullerian hormone (AMH) testing to determine PCOS severity and to guide care. Primary care providers can then help women with confirmed PCOS to conceive through lifestyle intervention and medical intervention when appropriate. For the overweight or obese woman with PCOS, weight loss of as little as five per cent may be sufficient for natural ovulation to resume. Even without significant weight loss, an increase in physical activity and decrease in intake of simple sugars can be of significant benefit. For women with PCOS who have a healthy body mass index (BMI), an elevated BMI and do not ovulate with lifestyle intervention, or a very high level of AMH, medications are often needed and can be safely used in primary care to induce ovulation. Appropriate use of medications including metformin, clomiphene citrate and letrozole will be explored in detail during this talk to assist primary care providers in using these medications in their practice settings to safely help women with PCOS conceive.

**Upon completion, participants will be able to:**

1. describe the features of PCOS and how it impacts fertility;
2. order and interpret test results to diagnose PCOS, and correlate these with the clinical presentation of the patient;
3. formulate a management plan for patients with PCOS in primary care, including lifestyle interventions and, when appropriate, medical intervention to increase chances of conception.

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**Practice Management with a Focus on Office Efficiency**  
*Dr. Ryan Banach*

OMA Practice Management and Education will facilitate this presentation for family physicians to address the business side of medicine. Family physicians are educated and trained primarily in clinical areas. They spend many years acquiring clinical skills, but few have received training in practice management. This session will provide a business overview to Ontario physicians on concepts required to operate efficient practices. With this information, physicians will be better able to manage the work they do, further ensuring their focus and time is dedicated to patient care.

**Upon completion, participants will be able to:**

1. understand some of the basic concepts they require to operate efficiently, ensuring a focus on patient care;
2. integrate tools that will enable them to see more patients daily and provide optimal care.

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**Quick Tips to Master Applications for Ontario Disability Support Program and Improve Health of People in Poverty**  
*Dr. Dale Guenter*

The content of this session has been developed over several years by a partnership of The McMaster Family Health Team, Hamilton Community Legal Clinic, and Core Collaborative Learning. Low income is a risk for most health outcomes. Improving income stability improves health and ability to engage in health care. Ontario Disability Supports Program (ODSP) is an excellent approach to improved income stability, and is appropriate for many people. However, many applications fail and support is often denied due to inadequate completion of the ODSP application. Common pitfalls in ODSP applications will be
described. Important techniques to ensure a high-quality application will be explained.

Upon completion, participants will be able to:

1. inquire more comprehensively about their patients’ backgrounds and limitations relevant to their ODSP applications;
2. appropriately document information needed for ODSP applications;
3. have greater confidence in the ethical dilemmas of applying for ODSP.

Rational Prescribing: Rethinking Medications
Dr. Roland Halil

This session focuses on some of the therapeutic choices that prescribers make, often without a thought to the management of scarce healthcare resources. It also looks at the process of rational prescribing, using examples of five medications that either lack efficacy or have shown equivalence within a class at different price points.

Upon completion, participants will be able to:

1. describe a process for choosing drugs and prioritizing prescribing dilemmas;
2. highlight how such a process can save harm, time and money, and enhance comfort applying evidence-based medicine to individual patients;
3. dispel marketing myths in pharmacotherapy.

Safe Medication Use In Patients With Impaired Renal Function To Prevent Adverse Drug Reactions
Dr. Allan Grill

Adverse drug reactions (ADRs) are a public health problem in Canada. Three per cent to six per cent of hospital admissions are due to medication adverse events, resulting in significant costs to the health care system. Patients with chronic kidney disease (CKD) are at increased risk for ADRs, including acute kidney injuries (AKIs), due to the nephrotoxic effects of certain drugs. Inappropriate drug dosing, particularly of those drugs that rely on kidney function for elimination, also remains a challenge for this patient population, as it often represents an older demographic, who are taking numerous medications for multiple comorbidities. It is difficult for primary care providers to easily access a list of commonly prescribed, potentially harmful medications for patients with CKD. The Ontario Renal Network has committed to developing tools and resources for family physicians to reduce the incidence of avoidable harm in patients with impaired renal function. This presentation will use interactive case-based scenarios to highlight an evidence-informed list of common medications prescribed in primary care that need to be used cautiously in CKD patients.

Upon completion, participants will be able to:

1. recognize the common causes of adverse drug reactions (ADRs)/adverse drug events (ADEs);
2. appreciate common medication-prescribing challenges involving patients with chronic kidney disease (CKD) and determine which drugs require dose adjustment or should be avoided in those with impaired renal function;
3. propose innovative solutions in primary care that promote safe medication-prescribing practices for patients with CKD.

Skin Cancers: Squamous Cell, Basal Cell, Actinic Keratosis, Psoriasis and Lichen Sclerosis Diagnosis and Treatment
Dr. Gary Sibbald
This presentation will explore skin cancer and the different types.

Stroke Prevention and Care 2017: What’s New and Important?
Dr. Wieslaw Oczkowski
Stroke care continues to rapidly evolve; best practices are changing based on randomized trials. This workshop will cover the continuum of care from prevention to community reintegration for stroke. In particular, the presenter will review the most recent advances that change practice on a daily basis, including expansion of the thrombolytic window and endovascular therapy for stroke, dual antiplatelet therapy for TIA and stroke, advances in brain imaging, anticoagulation for atrial fibrillation, predicting outcome after stroke, and enhancing post-stroke recovery.

Upon completion, participants will be able to:
1. rapidly identify and assess a patient with a possible stroke or TIA, order the right tests, and start the right treatment;
2. use the latest risk-reduction strategies to prevent a stroke or recurrent stroke;
3. understand and manage the most common issues that they may encounter in the office after a patient has had a stroke.

The Pros and Cons of DPP4 Inhibitors and SGLT2 Inhibitors
Dr. Jeremy Gilbert
There are many anti-hyperglycemic agents that can be used after Metformin in managing type 2 diabetes. DPP-4 inhibitors and SGLT2 inhibitors have become popular choices to be used in this context. This presentation will discuss advantages and disadvantages of these two classes of medications and help participants better determine the suitability of one agent over the other for their patients. It will also review potential side effects of the medications, how to possibly reduce the risk of developing those side effects and how to manage them should they occur.

Upon completion, participants will be able to:
1. decide on how to choose between a DPP-4 inhibitor versus SGLT2 inhibitor in managing hyperglycemia in people with type 2 diabetes;
2. identify advantages and disadvantages of DPP-4 inhibitors and SGLT2 inhibitors;
3. apply cardiovascular outcome data relevant to DPP-4 inhibitors and SGLT2 inhibitors.

Thyroid Dysfunction Revisited: What’s Next after Thyroid Stimulating Hormone?
Dr. Shoba Sujana Kumar
This talk will focus on key areas of thyroid disease management relevant to family practice — the common thyroid disorders seen in practice, when and how to utilize biochemical and radiological investigations for screening and diagnosis of these thyroid disorders in a cost-effective way, and what tests to avoid, using cases and examples to illustrate these concepts.

Upon completion, participants will be able to:
1. understand thyroid physiology and the pertinent lab tests for family practice management of common thyroid disorders;
2. describe the role of the TSH test in patient screening – when to screen, pitfalls and cost-benefit perspective;
3. explain the role of other thyroid tests.
**Top 10 Apps for Your Smartphone or Tablet: Teaching and Learning in the Office**  
**Dr. Andrew Sparrow**

This session will review the use of technology tools such as websites and phone or tablet applications that might help you with managing clinical practice and teaching. This interactive session will demonstrate several solutions and we will hear from other participants on how they are already using technology for this purpose. The presenters will highlight solutions you can use with your patients, your learners and yourself. Examples include clinical tools, useful recommendations you can give your patients and apps you can use to aid with teaching. This session will be suitable for participants at all levels of familiarity with technology. You are welcome to bring your smartphone or tablet to the session and we will make use of these during the session.

**Upon completion, participants will be able to:**

1. identify smartphone/tablet applications that will help primary health care providers with both clinical practice and teaching;
2. use applications to make clinical practice more efficient and fun in a working and teaching environment;
3. use tools to identify new apps that may be of use to physicians on an everyday basis.

**Top 20 Imaging Diagnoses for the General Practitioner**  
**Dr. D'Arcy Little**

This interactive case-based presentation will review the imaging indications and features of common and serious conditions of which every office- and ER-based family physician should be aware.

**Upon completion, participants will be able to:**

1. recognize indications for imaging in common and important clinical scenarios;
2. recognize and describe the important findings in imaging studies in important clinical scenarios;
3. better understand imaging features of serious and potentially life-threatening clinical scenarios.

**Transgender Health from Theory to Practice in Primary Care**  
**Dr. Nilli Kaplan-Myrth**

This session will describe the process of assessing transgender clients for hormone therapy, initiating and maintaining therapy, collaborating in care and other transgender health issues in a family practice setting.

**Upon completion, participants will be able to:**

1. define gender identity, and understand the barriers to accessing health care for trans-identified individuals and how to build trans health primary care capacity in your clinic/community;
2. specify the requirements for hormone assessments and become familiar with the framework needed to provide assessments;
3. demonstrate an understanding of hormone maintenance and transgender primary care protocols.

**Update on Management of Atrial Fibrillation in Primary Care**  
**Dr. Richard Choi**

Atrial fibrillation is a common and important arrhythmia and increasingly prevalent in our aging population. Stroke prevention is a crucial issue in atrial fibrillation but this talk is not a NOAC talk! Several important aspects of atrial fibrillation will be discussed, including etiology, testing, selection of rate versus rhythm control strategies, and the key messages from the 2016 CCS focused update of the Canadian Cardiovascular Society Afib guidelines will be discussed.

**Upon completion, participants will be able to:**

1. articulate the etiology and the initial workup for a patient with atrial fibrillation;
2. select an appropriate treatment strategy (rate vs rhythm control) and stroke prevention strategy for a patient with atrial fibrillation;
3. apply to primary care practice the key recommendations of the 2016 CCS focused update of the Canadian Cardiovascular Society Afib guidelines.
**Urology Review: Prostate Cancer Screening and Approach to Hematuria**

Dr. Adrienne Quirouet

This presentation will explore prostate cancer screening and hematuria.

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**Using the CORE Back Tool for the Management of Low Back Pain in Primary Care: Recognizing the Patterns of Pain**

Dr. Hamilton Hall

Low back pain is not a homogeneous condition and it is far from non-specific. The key to establishing a successful triage system and successfully managing back pain is to distinguish the presenting features that both direct the initial treatment and predict the probable outcome. This session will explore the CORE Back Tool, a single-page outline that allows the primary care practitioner to identify a pattern of pain and rule out red- and yellow-flag problems. The tool includes sections on high-yield history, radiology and surgical referral criteria, physical assessment, patient education and management.

Upon completion, participants will be able to:

1. use the CORE tool to assess a patient with low back pain;
2. classify back pain patients into the appropriate pattern of pain;
3. make suitable referrals for imaging or specialist consultation.

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**What are the Best Practices in Managing Infant and Childhood Sleep Problems**

Dr. William Watson

Infant sleep problems are common in family practice, reported by up to 45 per cent of mothers in the second six months of their babies' lives, and double the risk of maternal depression. While they can be frustrating to deal with for both parents and physicians and are a common driver for healthcare use during infancy, sleep problems are often readily treatable. The origins of sleep problems are multifactorial, including different physiological needs and sleep patterns of babies compared with children, attachment and parenting problems, adverse childhood experiences and other family issues that require different approaches. Parents need access to effective sleep management strategies, and family physicians should have a practical approach to help their families. Behavioural techniques in sleep training, such as controlled comforting and adult fading (also known as camping out), can effectively reduce infant sleep problems, and lead to improved parent sleep and mental health, and better child-parent relationships. In addition, there is a reduction in associated maternal depression. Despite their effectiveness, theoretical concerns persist about long-term harm on children’s emotional development, stress regulation, mental health, and the child-parent relationship, but these remain unproven.

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**What’s New, What’s True and What’s Poo: Top 10 Studies from Last Year**

Dr. Michael Allan

This presentation will provide information on a mixture of brand-new areas of research, updates from established areas and new drugs. It will look at which studies are over-hyped and which ones might change your practice. This rapid fire session will include entertaining and funny research stories. Exact topics are unknown at the time of writing, because the presentation will include research that is new right up to the point when slides must be submitted.

Upon completion, participants will be able to:

1. recognize some new studies that have been over-hyped or present incorrect information;
2. identify new studies that can potentially change practice and understand what the potential impact may be in actual patient outcomes;
3. understand what research is changing any common held approaches or managements.
What's New in Infectious Diseases
Dr. Isaac Bogoch

This presentation will provide an update on infectious diseases including Lyme Disease and STI's.

What's New In Pediatric Preventive Care – With Updates from The Rourke and Greig Records
Dr. Anita Greig

This session will review new recommendations for preventive care for babies, children and adolescents. Evidence-based recommendations and major guidelines will be addressed. New information from the most recent Rourke and Greig pediatric guides will be explored.

Upon completion, participants will be able to:

1. describe recent evidence-based recommendations for pediatric preventive care;
2. utilize the Rourke and Greig pediatric guides effectively in the provision of up-to-date preventive care;
3. outline changes in pediatric preventive care recommendations and the evidence-based support for those recommendations.

Why Family Physicians Get Sued and How to Reduce Your Risk
Dr. Jamie Kissick

Drawing on the Canadian Medical Protective Association’s experience with medical-legal matters involving family physicians, the presenter will discuss the most common reasons family doctors find themselves the subject of legal actions. Areas of risk will be identified, with suggestions and strategies to reduce this risk.

Upon completion, participants will be able to:

1. recognize common areas of medical-legal risk for family physicians;
2. identify potential pitfalls in the diagnostic process;
3. recognize the importance of a robust system for the follow-up of investigations.
ASA Presenters

Lori Albert, MD, FRCPC

Dr. Lori Albert is a rheumatologist at the University Health Network, Toronto Western Hospital, and a professor of medicine at the University of Toronto. She completed her medical training and residency at the University of Toronto. Her academic work focuses on undergraduate medical education, faculty development and continuing education. She is the editor of The Canadian Clinician’s Rheumatology Handbook.

Michael Allan, MD, CCFP

Dr. G. Michael (Mike) Allan is a professor in the Department of Family Medicine at the University of Alberta and the Director of Evidence-Based Medicine. He has been in practice around 20 years and presently works at the Northeast Community Health Centre in Edmonton. He has given more than 200 presentations and published more than 100 articles. Dr. Allan is a member of PEER, a group of primary care clinicians focused on knowledge translation, best practice and research in practice. He writes a regular evidence-based update (“Tools for Practice”) distributed to more than 30,000 clinicians and published in the journal Canadian Family Physician. He also co-presents a weekly medical podcast (on iTunes) called “Best Science Medicine Podcast.”

Julia Alleyne, MD, FCFP

Dr. Julia Alleyne is a family physician practising sport and exercise medicine at the Toronto Rehabilitation Institute, University Health Network. In addition, she trained as a physiotherapist and maintained an active licence for 30 years. She is appointed at the University of Toronto, Department of Family and Community Medicine as an associate clinical professor. She has acted as an educational consultant for Ontario’s Low Back Pain Strategy, the Practice Support Program - MSK Initiative in British Columbia and most recently, the co-clinical lead on the CORE Neck Tool in collaboration with the Ontario College of Family Physicians.

Andrew Arcand, MD, CCFP

Dr. Andrew Arcand is a physician who has practised emergency medicine in a small community setting and currently is the Chief of Emergency Medicine at Markham Stouffville Hospital, a large community hospital. He is active teaching residents locally and through previous workshops through the OCFP.

Sanjay Azad, MS, FRCS Ed, FRCS Ed (Plastic Surgery)

Dr. Sanjay Azad is a consultant plastic and reconstructive surgeon at Thunder Bay Regional Health Sciences Centre. He is also an assistant professor at the Northern Ontario School of Medicine. He completed his plastic surgical training in the UK, becoming a consultant plastic surgeon at the Queen Elizabeth Hospital in Birmingham. His four-year-old practice in Thunder Bay covers the gamut of plastic surgery, including hands, breast reconstruction, post-bariatric surgery, skin cancer and tertiary wound management. He is currently creating a course, Principles of Plastic Surgery (POPS), with an aim to broaden the use of plastic surgery to improve patient outcomes. He is passionate about teaching and training. He is also widely published and presents to different forums on a regular basis in order to spread the word about plastic surgery as a key specialty in core patient management.

Ryan Banach, MD, CCFP

Dr. Banach is a family physician in Toronto and an adjunct clinical lecturer in the Department of Family and Community Medicine at the University of Toronto. After completing medical school and family medicine residency at McMaster University, Dr. Banach practised family medicine in New York before returning to practise in Ontario. He currently practises in a Family Health Organization, but has previously practised in both Fee for Service and the Family Health Group models.

Benjamin Barankin, MD, FRCPC

Dr. Benjamin Barankin is a Toronto dermatologist specializing in medical, surgical, laser and cosmetic care of the skin. His undergraduate training was in
life sciences and psychology at Queen’s University, followed by medical school at the University of Western Ontario and dermatology residency at the University of Alberta. Dr. Barankin has published more than 700 articles and is the author of seven books on dermatology. He serves on the editorial boards of numerous medical journals and newspapers. He has served on the executive of the Canadian Dermatology Association, and in 2014, he was honoured by this national association with the Young Dermatologists’ Volunteer Award. Dr. Barankin regularly educates dermatologists, family physicians, medical trainees and the public on matters related to the skin. In addition, his expertise is frequently sought by the Canadian press and in medico-legal cases. Dr. Barankin and Dr. Anatoli Freiman launched the Toronto Dermatology Centre in 2010.

Isaac Bogoch, MD, MS, FRCPC, DTM&H

Dr. Isaac Bogoch is an assistant professor at the University of Toronto in the Department of Medicine, and an infectious diseases consultant at Toronto General Hospital. Dr. Bogoch’s clinical and research interests focus on global health, HIV and tropical infectious diseases. He works with an international and interdisciplinary team that predicts the spread of emerging infectious global health threats, such as Ebola and Zika viruses. In addition, he develops and implements innovative diagnostic solutions to improve the quality of care in resource-limited settings. Dr. Bogoch divides his clinical and research time between Toronto, West Africa and Nepal. Dr. Bogoch completed medical school and internal medicine residency training at the University of Toronto, then specialized in infectious diseases at Harvard University. He holds a Master’s degree in clinical epidemiology from the Harvard School of Public Health and completed fellowships in both HIV care and tropical infectious diseases.

Natasha Bollegala, MD

Dr. Natasha Bollegala completed an Honours BSc degree at the University of Toronto with a specialization in human behaviour biology. She completed medical school at the University of Toronto and her internal medicine residency training at McMaster University. In 2012, she was awarded the Hamilton Health Sciences Medical Staff Association Outstanding Resident Award, as well as the Chief Medical Resident Award. She returned to U of T as the inaugural resident of the gastroenterology residency training program – research stream. In 2014, she began a clinical and research inflammatory bowel disease fellowship at Mount Sinai Hospital. She completed an MSc in clinical epidemiology and healthcare research at U of T in 2016. In 2015, Dr. Bollegala joined the Division of Gastroenterology at Women’s College Hospital (WCH). She is chair of the WCH Quality Improvement Research Committee. Dr. Bollegala is actively engaged in a number of research initiatives.

Risa Bordman, MD CCFP (PC) FCFP

Risa Bordman is a community family physician and associate professor in the Department of Family and Community Medicine at the University of Toronto. She is also the Residency Director for the Foundation for Medical Practice. She has several clinical and research interests including women’s health, office procedures, palliative care and education scholarship.

Scott Brimble, MD

A practising academic nephrologist, Dr. Scott Brimble trained in internal medicine and nephrology at McMaster University in Hamilton, Ontario. He is an associate professor in the Department of Medicine at McMaster University, as well as a staff nephrologist at St. Joseph’s Healthcare Hamilton. In 2013, Dr. Brimble was appointed as the Provincial Medical Lead for the Early Detection & Prevention of Progression of chronic kidney disease portfolio at the Ontario Renal Network.

June Carroll, MD, CCFP, FCFP

Dr. June C. Carroll holds the Sydney G. Frankfort Chair in Family Medicine and is a professor and clinician scientist in the Department of Family and Community Medicine at University of Toronto. She practises family medicine at Mount Sinai Hospital, Sinai Health System in Toronto. Dr. Carroll is the Co-Director of GEC-KO, Genetics Education Canada – Knowledge Organization. GEC-KO, a not-for-profit program, is the first Canadian concerted effort to build genetics competencies in primary care, specialty medicine, and other health professions. The program’s website can be found at www.geneticseducation.ca.

Henry Chapeskie, MD, CCFP, FCFP, CAME

In family practice in Thorndale, Ontario, for 29 years, Dr. Henry Chapeskie has a special interest in Civil Aviation Medicine.
Richard Choi, MD, FRCPC
Dr. Richard Choi is a clinician-educator. He is a Vancouver native who completed medical school at UBC and specialty training in internal medicine and cardiology at the University of Toronto in 2001. He is a staff cardiologist at St. Joseph’s Health Centre in Toronto and runs a private practice in west Toronto. He is adjunct clinical faculty and lecturer in the Faculty of Medicine at the University of Toronto. He has clinical interests in cardiac imaging, general cardiology and the cardiovascular effects of psychiatric medications. He is the chair and founder of the Cardiovascular Update, an annual symposium for west Toronto primary care physicians since its inception in 2008. He remains active in developing CME programs for primary care physicians and for specialists.

Jon Davine, MD, CCFP, FRCPC
Dr. Jon Davine is an associate professor in the Department of Psychiatry and Behavioural Neurosciences at McMaster University, with a cross appointment in the Department of Family Medicine. His outpatient psychiatry practice focuses on liaising with primary care physicians in the “shared care” model. He has taught courses in behavioural sciences to family medicine residents and to family doctors in the community. He is a past Chair of the Council of Psychiatric Continuing Education (COPCE). He currently represents Ontario on the Education Committee of the Canadian Psychiatric Association. He has received a number of educational awards.

Lisa Del Giudice, MD, CCFP, MSc
Dr. Lisa Del Giudice is the Regional Primary Care Lead for the Toronto Central Regional Cancer Program (North). She is an assistant professor in the Department of Family and Community Medicine at the University of Toronto and at Sunnybrook Health Sciences Centre. She has clinical experience providing routine primary care as a family physician, and research experience exploring health care utilization across the cancer continuum. Her role as the Regional Primary Care Lead involves developing and disseminating guidelines for primary care physicians and developing programs that will improve cancer-related patient care.

Erika Feuerstein, MD
Dr. Erika Feuerstein is a clinic physician and education director at the Bay Centre for Birth Control at Women’s College Hospital.

Karen Fleming, MD, MSc, CCFP, FCFP
Dr. Karen Fleming is an assistant professor with the Department of Family and Community Medicine at the University of Toronto. She is the Education Scholarship Lead, as well as the Director, Mentorship and Continuing Professional Development, Family Medicine Obstetrics, at Sunnybrook and Women’s College Hospital. Dr. Fleming’s current research and practice interests include chronic disease prevention, exercise in pregnancy, and pregnancy complications as predictors of future health. She is interested in women’s cardiovascular health and the opportunities provided by pregnancy and the postpartum period to modify risks for not one but two generations. She established the 4P Maternal Health Clinic in 2014 for women whose pregnancies were complicated by gestational hypertension or preeclampsia to provide education to improve women’s future health.

Shital Gandhi, MD
Dr. Shital Gandhi is a staff physician at Mount Sinai Hospital in Toronto. Her specialty is in Internal Medicine with an interest in Obstetric Medicine.

Jeremy Gilbert, MD, FRCPC
Dr. Jeremy Gilbert completed his medical school, internal medicine and endocrinology residency training at the University of Toronto. He is an active staff member in the Endocrinology Division at Sunnybrook Health Sciences Centre and assistant professor at the University of Toronto. He serves as the Program Director for Endocrinology and Metabolism at the University of Toronto. He acts as the endocrinology lead for the Toronto Central LHIN as part of the Ontario Diabetes Strategy and is the co-author of one chapter in the 2013 CDA Guidelines. He is also a member of the steering committee for the 2018 CDA Guidelines and an associate editor for the Canadian Journal of Diabetes. Dr. Gilbert has great enthusiasm for teaching, and completed the Master Teacher program at the University of Toronto. His areas of academic interest are undergraduate, postgraduate and continuing medical education in endocrinology and metabolism.
Leslie Goldenberg, MD, FRCP

Dr. Goldenberg is a specialist in the field of Lower Extremity and Podologic Medicine, Geriatric Medicine, Internal Medicine and Orthopaedic Medicine. He is a member of the University of Toronto and affiliated teaching hospitals.

Lisa Graves, MD, CCFP, FCFP

Dr. Lisa Graves is a family physician. She is a graduate of the University of Ottawa and completed her residency in family medicine and enhanced skills training in maternal and child health at McGill University. At McGill, she occupied a number of positions, including Clerkship Chair and Undergraduate Program Director for the Department of Family Medicine. From 2010 to 2013, she was the Associate Dean, Undergraduate Medical Education, at the Northern Ontario School of Medicine. She is currently the Associate Dean for Faculty Affairs at Western Michigan University Homer Stryker M.D. School of Medicine. Her teaching and research interests include medical education, maternal and child health, and vulnerable populations.

Anita Greig, MD CCFP FCFP

Dr. Anita Greig is a family physician in Toronto. She is the primary author of the Greig Health Record, an evidence-based preventive care tool for children and adolescents ages 6 to 17 years. The record has been endorsed by the Canadian Paediatric Society and the College of Family Physicians of Canada. The tool is used as a template for and guide to child and adolescent preventive care. This tool is now used across Canada by family doctors and pediatricians. Dr. Greig was awarded the CFPC’s Award of Excellence for this work. She is an assistant professor in the Department of Family and Community Medicine at the University of Toronto. She teaches medical students and residents and has won a number of teaching awards. She is the lead physician for the Otter Creek Family Health Organization.

Allan Grill, MD CCFP(COE) MPH FCFP CCPE

Dr. Allan Grill is an assistant professor in the Department of Family and Community Medicine at the University of Toronto and the Lead Physician at the Markham Family Health Team. He enjoys an active community-based clinical practice and has a staff appointment at Markham Stouffville Hospital. Dr. Grill also serves as the Provincial Primary Care Lead for the Ontario Renal Network, and is part of a team that focuses on innovative ways to improve early detection and prevention of progression of chronic kidney disease in the primary care setting.

David Grimes, MD, FRCPC

Dr. David Grimes is the director of the Parkinson’s Disease and Movement Disorders Clinic at The Ottawa Hospital. He is head of the Division of Neurology and an associate professor of medicine at the University of Ottawa. His research interests are in the genetics and clinical studies in Parkinson’s disease and other movement disorders. His clinical focus is on the diagnosis and treatment of a wide variety of movement disorders, including botulinum toxin injections.

Dale Guenter, MD

Dr. Dale Guenter is a family physician in an academic Family Health Team. His clinical and research interests include palliative care, HIV, chronic pain and addiction.

Roland Halil, PharmD, ACPR, BScPhm

Dr. Roland Halil is a clinical pharmacist with the Bruyère Academic Family Health Team and an assistant professor in the Department of Family Medicine at the University of Ottawa. He is a consultant with the Foundation for Medical Education at McMaster University. His area of research focuses on potentially inappropriate prescribing in primary care. He is an avid lecturer with a strong focus on logical and rational prescribing. Related interests include infectious diseases in primary care, technology in healthcare and global health.

Hamilton Hall, MD, FRCSC

Dr. Hamilton Hall is a professor in the Department of Surgery at the University of Toronto and is on the active orthopedic staff at Sunnybrook Health Sciences Centre. In 1974, Dr. Hall founded the Canadian Back Institute (CBI Health Group), now the largest rehabilitation company in Canada. He continues to serve as its medical director. He is co-founder of the Canadian Spine Society and is presently the Society’s executive director. He has served on the editorial boards of Spine, The Spine Journal and The BackLetter. Honours include the Laurie Chute Award for the best undergraduate clinical lecturer at the
University of Toronto and the Henry Farfan Award from the North American Spine Society for outstanding contributions to the field of spine care. In addition to over 130 published articles and book chapters and more than 1,000 invited presentations, Dr. Hall is the author of the best-selling Back Doctor series of books for the lay public.

Sari Herman, MD, FRCPC

Dr. Sari Herman is trained in Allergy and Clinical Immunology at the University of Toronto and specializes in the management of allergies and asthma in both children and adults. She completed the Master Teacher Program at the University of Toronto. Both medical school and residency training in internal medicine were completed at McMaster University. Dr. Herman has served on the Fellowship Affairs Committee and the Regional Advisory Committee of the Royal College of Physicians and Surgeons of Canada. She has also served on the Board of Directors of the Canadian Society of Allergy and Clinical Immunology and on the Anaphylaxis Committee of the American Academy of Allergy, Asthma and Immunology (AAAAI). She is an active member of the Food Allergy, Anaphylaxis, Dermatology and Drug Allergy Interest Section of the AAAAI.

Umesh Jain, MD

Dr. Umesh Jain did his medical school and Residency between Dalhousie University and the University of Pittsburgh, his Ph.D. at the University of Toronto and Masters of Education from the Ontario Institutes for Studies in Education. He is an internationally known speaker, advocate and researcher in Attention Deficit Hyperactivity Disorder (ADHD) and created the Canadian ADHD Resource Alliance (CADDRA), and wrote the first guidelines for Canada (as he is now doing for other countries). He has done considerable genetic, psychopharmacological, forensics and personality disorder research and has communicated his findings in peer reviewed journals, to the public and to mental health stakeholders (including pharmacists, psychologists, social workers and educators). He has been involved in the Canadian Academies of Child and Adolescent Psychiatry on their Scientific Committees and he has been given recognition awards from those institutions.

Dominika Jegen, MD, CCFP, MA

Dr. Dominika A. Jegen is an assistant professor at Queen's University in Kingston, Ontario, as well as a clinical lecturer at the Universities of Toronto and Ottawa. She works full-time as a locum physician in Aboriginal and Inuit communities in Northern Ontario, the Northwest Territories and Nunavut.

Tatiana Jevremovic, MD, CCFP(EM)(SEM), Dip Sport Med

Dr. Tatiana Jevremovic completed her Family Medicine Residency and PGY3 year in Emergency Medicine at McGill University, then moved to London ON to do a 4th year of training in Sport and Exercise Medicine at the Fowler Kennedy in 2002. She has been working as a Primary Care staff and Fowler Kennedy since 2003. She worked 5 years at the LHSC Emergency rooms and now works at South London Urgent Care. As a full-time staff at Fowler Kennedy, Dr. Jevremovic has been actively involved in teaching/training residents and students, supervising resident projects, educating community physicians, and providing varsity and community sporting event medical coverage. In 2010, she joined the Department of Family Medicine and is now an Associate professor within the Department.

Alan Kaplan, MD, CCFP(EM), FCFP, CCFP


Nili Kaplan-Myrth, MD, CCFP, PhD

Dr. Nili Kaplan-Myrth is a community family doctor with an interest in supportive psychotherapy, women’s health and LGBTQ health. She spent 15 years before her medical training doing a PhD and post-doctoral degree in medical anthropology. She studied social determinants of health; body image, gender, sexuality and feminist theory; partnerships in health policy development; Indigenous self-determination; disability studies; and interdisciplinary action-based research methods. She has taught women's health, written journal articles and published two books, Hard Yakka: Transforming Indigenous Health Policy and Politics (2007) and Women Who Care: Women’s Stories of Health Care and Caring (2010).
Jay Keystone, MD, CM, MSC(CTM), FRCPC

Dr. Jay Keystone is an expert in tropical and travel medicine. He is a professor in the Department of Medicine at the University of Toronto and a frequent speaker on adult vaccines, tropical medicine and travellers’ health. He is the former president of the International Society of Travel Medicine, the clinical section of the American Society of Tropical Medicine and the Canadian Society of International Health. Currently, he is the director of the Medisys Travel Clinic in Toronto, and Queen’s University travel clinic in Kingston. In 2016, he was awarded the Order of Canada for “his contributions as a clinician and educator who has expanded the discipline of travel and tropical medicine in Canada.”

Jamie Kissick, MD, CCFP (SEM) Dip Sport Med

Dr. Jamie Kissick worked in the emergency department at St. Joseph's Hospital and then in family practice in London, Ontario, from 1985 to 1992. He obtained his Diploma in Sport Medicine in 1990 and went on to work as a sport medicine physician in Ottawa. He has been team physician for the Ottawa Senators (NHL), Ottawa Lynx (AAA baseball), Ottawa Renegades (CFL) and the national men’s sledge hockey team, and is currently the head team physician for the Ottawa Redblacks (CFL). Dr. Kissick was a member of the medical team for the Canada Games, Pan Am Games, World University Games, the 2002 Winter Olympics, and the 2010 and 2014 Winter Paralympics. He is a former president of the Canadian Academy of Sport and Exercise Medicine. He is a member of the International Paralympic Committee Medical Committee, the World Anti-Doping Agency Therapeutic Use Exemption Expert Group and the Concussion in Sport International Consensus Panel. He joined the CMPA as physician advisor for Physician Consulting Services in 2005.

Sari Kives, MD, Msc

Dr. Sari Kives joined the Section of Pediatric Gynecology in 2003, after completing a fellowship at the University of Louisville in pediatric gynecology and advanced minimally invasive surgery. Dr. Kives received her medical degree from the University of Toronto and completed her residency in obstetrics and gynecology at the University of British Columbia. She is currently on staff at The Hospital for Sick Children and at St. Michael’s Hospital. She is an associate professor at the University of Toronto and actively involved in the SOGC. Dr. Kives is involved in the medical and surgical care of children and adolescents with general pediatric gynecology disorders. She has an interest in advanced gynecological surgery. Dr. Kives conducts clinical research in a variety of areas in pediatric and adolescent gynecology, including ovarian pathology, Mullerian anomalies and contraception. She has also published extensively in the area of pediatric gynecology.

Tom Kovesi, MD, FRCPC

Dr. Tom Kovesi is a pediatric respirologist and Professor of Pediatrics at the University of Ottawa. He is a past Chair of the Pediatric Assembly of the Canadian Thoracic Society, past Chair of the Ontario Thoracic Society, and past Chief Examiner (Pediatric Respirology) for the Royal College. He is a Content Expert (Respirology) in the Faculty of Medicine at the University of Ottawa. He’s been a senior author on the Canadian Asthma Consensus Guidelines Committee, and has more than 45 published articles in the areas of asthma guidelines, exhaled nitric oxide in children with asthma and, his main research interest, indoor air quality and lung disease in Canadian Indigenous children.

Margarita Lam Antoniades, MD, CCFP, MScCH

Dr. Margarita Lam Antoniades is a family physician at St. Michael’s Hospital in Toronto. She provides primary care to patients with HIV/AIDS in her community practice, as well as inpatient care at Casey House specialty HIV/AIDS hospital. She is also involved in teaching and quality improvement work at St. Michael’s Hospital.

Linda Lee, MD, MCISc(FM), CCFP(COE), FCFP

Dr. Linda Lee is a family physician, director of the Centre for Family Medicine Memory Clinic, Schlegel Research Chair in Primary Care for Elders at the Schlegel-UW Research Institute for Aging, and associate clinical professor in the Department of Family Medicine at McMaster University. She has developed a Primary Care Memory Clinic Model and Training Program that has assisted 105 other primary care settings in Ontario to develop new memory clinics. In recognition for her leadership in helping to improve the care of seniors with memory disorders, Dr. Lee was named the 2009 Regional Family Physician of the Year by the OCFP. In 2014, she was awarded the Ontario Minister’s Medal Honouring Excellence in Primary Care. She is a member of the National Advisory Committee on Alzheimer’s Disease, and is involved in several national and international research projects related to cognition and memory in older adults.
in Health Quality and Safety. In 2015, she was the recipient of the Canadian Institutes of Health Research Institute of Aging Betty Havens Award for Knowledge Translation in Aging. Dr. Lee has Care of the Elderly certification and practises family medicine in Kitchener, Ontario.

**Peter Lin**, MD, CCFP

Dr. Peter Lin is the Director of Primary Care Initiatives at the Canadian Heart Research Centre. He has two busy family practices in Toronto. Currently, he is the health columnist for CBC Radio. He has been the guest editor for *Focus on Cardiology* and a consultant for *Perspectives in Cardiology*, and was on the editorial board for *The Canadian Alzheimer Disease Review*. He is also Associate Editor for the Elsevier WebPortal - PracticeUpdate Primary Care. He was a contributing author to the Canadian College of Family Physicians guidelines in 2011.

**Yulia Lin**, MD, FRCPC

Dr. Yulia Lin is a transfusion medicine specialist and hematologist in the Department of Clinical Pathology at Sunnybrook Health Sciences Centre and an associate professor in the Department of Laboratory Medicine and Pathobiology at the University of Toronto. She has participated in provincial and national working groups in the field of transfusion medicine, including the Ontario Transfusion Coordinators Network (OnTraC) Steering Committee, the Ontario Blood Advisory Committee Provincial IVIG Advisory Panel, the Ontario Transfusion Quality Improvement Plan Committee, and the Technical Committee on Blood and Blood Products for the Canadian Standards Association. She is the lead physician for blood conservation at Sunnybrook Health Sciences Centre.

**D’Arcy Little**, MD, CCFP, FCFP, FRCPC

Dr. D’Arcy Little is Deputy Chief of Radiology at Orillia Soldiers’ Memorial Hospital, the forensic radiologist for the Forensic Sciences and Coroners’ Complex in Toronto and an adjunct clinical professor of Family Medicine and Diagnostic Imaging at the University of Toronto. He has an interest in medical communications and continuing medical education. Dr. Little was formerly a family physician in Toronto and continues to serve as the medical director and editor of *The Journal of Current Clinical Care* and HealthPlexus.net.

**Taylor Lougheed**, MD, MSc(HQ), CCFP(EM)

Dr. Taylor Lougheed is a family, sports, and emergency medicine physician currently practicing primarily in the Ottawa area, and is the lead physician for the Cannabinoid Medical Clinic in Ottawa. Academically, he is a lecturer in the MSc(HQ) program at Queen’s University, and a clinical lecturer at the University of Ottawa in the Department of Family Medicine where he also serves as the Co-Director of the uOttawa-Guyana Family Medicine Residency Training Program. His professional passions are primary care, quality improvement, medical education, and global health.

**Melissa Lujan**, MSc

Ms. Melissa Lujan is the Mainpro+ Manager for the Continuing Professional Development (CPD) department at the College of Family Physicians of Canada. She and her team of three coordinators handle credit entry inquiries from 40,000 Mainpro+ participants across Canada. Melissa has been involved with Mainpro and Mainpro+ for the past 2.5 years, working with CFPC staff and CFPC’s member-based National Committee on CPD (NCCPD) to implement and enhance the credit reporting program.

**Duncan McIlraith**, MD, FRCPC

Dr. Duncan McIlraith completed his BSc in biochemistry and his MD at the University of Ottawa. After his internship at the Ottawa Civic Hospital, he pursued additional studies in mathematics and engineering, also at the University of Ottawa. He went on to do two years of internal medicine residency at the University of Alberta and his residency in neurology at McGill University. This was followed by a fellowship in stroke at the Montreal General Hospital, with additional studies in theoretical epidemiology at McGill University. He has since held a faculty appointment at the University of Alberta and is currently appointed to the Faculty of Medicine at the University of Ottawa, where he is actively involved in student and resident teaching. Dr. McIlraith holds staff appointments at the Ottawa Hospital and the Montfort Hospital. His practice is primarily focused on acute care, hospital-based neurology.
Sean Moore, MD, FRCPC, FACEP
Dr. Sean Moore is a specialist emergency physician practising in Kenora, Ontario. He is currently chief of emergency services at Lake of the Woods District Hospital, associate medical director at CritiCall Ontario, medical director of education for Ornge Transport and assistant professor at the Northern Ontario School of Medicine. He has authored various chapters in emergency medicine textbooks. His academic focus is bringing emergency medicine and critical care education to the practising rural emergency physician. He recently started keeping bees and is very likely to become expert in hymenoptera stings.

Simon Moore, MD, CCFP
Dr. Simon Moore is a family physician who works in Vancouver, with rural practice experience in B.C., the Northwest Territories and Ontario. After his family medicine residency at the University of British Columbia (UBC), he completed a fellowship in global health. Dr. Moore is a clinical assistant professor at UBC, where he often teaches at the postgraduate level and is the co-director of the family practice course for Year 1 and 2 medical students in Vancouver. He speaks at multiple conferences and is the founder of The Review Course in Family Medicine. Dr. Moore is a former president of the Canadian Association of Internes and Residents (now known as Resident Doctors of Canada).

Shawna Morrison, MS
Ms. Shawna Morrison is a board-certified genetic counsellor at the Children's Hospital of Eastern Ontario (CHEO) in Ottawa. She received her MS in genetic counselling at Brandeis University in Waltham, Massachusetts. Her clinical role at CHEO is diverse, providing genetic counselling from preconception to adult life, over a diverse group of disorders. She is the manager of program GEC-KO, Genetics Education Canada – Knowledge Organization. GEC-KO, a not-for-profit program, is the first Canadian concerted effort to build genetics competencies in primary care, specialty medicine, and other health professions.

Avik Nath, CCFP(EM), MPH
Dr. Avik Nath works at the Ottawa Hospital primarily as an emergency physician and program director for the CCFP(EM) Program.

Dominik Nowak, MD
Dr. Dominik Nowak is a resident physician at the McMaster Family Practice in Hamilton, Ontario. He has a special interest in the intersection of skin disease and mental health.

Patricia O'Brien, RN
Ms. Trish O'Brien is the Quality Improvement Program Manager at the Department of Family and Community Medicine at University of Toronto. She has been a registered nurse for over 25 years, with experience providing strategic and operational leadership to consistently enable the highest-quality health care delivery, particularly in the realm of primary care quality improvement. Prior to working with the University of Toronto, Trish held director positions with Health Quality Ontario (HQO) and the Quality Improvement and Innovation Partnership. Trish has worked in the community, hospital and private-industry sectors before developing her focus on primary care. She has trained and been certified in the major modalities of QI, including the Model for Improvement, Lean and Six Sigma.

Michael O'Connor, MD
Dr. Michael O'Connor is a Pediatric Ophthalmologist at the Ottawa Hospital.

Wieslaw Oczkowski, MD, FRCPC
Dr. Wieslaw Oczkowski is a professor in the Department of Medicine at McMaster University and stroke neurologist at Hamilton Health Sciences. He is presently the medical director of the Central South Regional Stroke Program and academic head of the Division of Neurology. Dr. Oczkowski has published in the fields of cerebrovascular disease and stroke rehabilitation and is a research investigator at the Population Health Research Institute.

Purti Papneja, MD, CCFP
Dr. Purti Papneja is a clinician teacher and lecturer at the University of Toronto, Department of Family and Community Medicine. She received her MD from McMaster University and completed her family medicine training at the University of Toronto. After this, she did a fellowship in sleep medicine at Sunnybrook Health Sciences Centre, and is currently an associate at Ellesmere Sleep Disorders Centre.
and Woodbine Sleep Clinic. She is the postgraduate program co-director in the Department of Family Medicine at Sunnybrook Health Sciences Centre and is involved in postgraduate and undergraduate medical education.

**Jason Profetto, MD, CCFP**

Dr. Jason Profetto is a family and academic physician. He currently practices at Profetto-Savatteri Family Practice in Stoney Creek, Ontario. He is very involved with McMaster’s Medical School and is currently the Chair of Clinical Skills for the Undergraduate Medical Program. He teaches students and residents of all levels. He does a variety of public speaking and presentations, both academically and in the community. He is an avid chess player, athlete and proud father/husband. Currently he is working on publishing his book, *In The Trenches: The Daily Grind of Family and Academic Medicine*. Dr. Profetto’s current research interests include clinical skills, the learning environment, diversity training in medical education and general medical education pedagogy.

**Adrienne Quirouet, MD**

Dr. Adrienne Quirouet is a urologist at Montfort Hospital who specializes in female pelvic medicine and reconstructive surgery.

**Parisa Rezaiefar, MD, CFPC**

Dr. Parisa Rezaiefar is a family physician and assistant professor at the Department of Family Medicine, University of Ottawa. She leads a weekly women’s health clinic at Bruyère Academic Family Health Team, focusing on teaching family medicine residents about women’s health procedural skills using simulation. She is the recipient of the 2013 CFPC grant in women’s health to develop further skills in women’s health, with a focus on conservative management of pelvic organ prolapse. She is also the recipient of a 2015 Department of Family Medicine Research Grant and Program for Innovation in Medical Education to examine the use of simulation-based education in building capacity among academic family physicians and family medicine residents at Bruyère Academic Family Health Team in conservative management of pelvic organ prolapse.

**Arun Sayal, MD, CCFP(EM)**

Dr. Arun Sayal is an emergency physician, works in the Fracture Clinic and is an associate professor in the Department of Family and Community Medicine at the University of Toronto. He works at North York General Hospital, a busy community teaching hospital in Toronto. There he has worked in the ED since 1993 and has run a weekly Minor Fracture Clinic for the past 12 years. With pearls learned from orthopedic surgeons, he created and developed CASTED in 2008. CASTED is a series of hands-on orthopedic courses that have been presented over 250 times across Canada. Dr. Sayal has won over a dozen teaching and CPD awards at the local, university and national levels, including the PARO Award and the CFPC’s CPD Award for providing its members with an outstanding educational experience.

**Inge Schabort, MB, ChB, CCFP, FCFP**

Dr. Inge Schabort is an associate professor of family medicine and IMG coordinator at McMaster University. She practises as a full-time family physician at the Stonechurch Clinical Teaching Unit at McMaster, where she tutors evidence-based medicine, quality assurance and behavioural sciences in the residency program. She teaches in and developed curriculum for the provincial pre-residency IMG program in Ontario. Dr. Schabort is an author of the national FMEC IMG Environmental Scan document and she was a physician-stakeholder consultant for the Pan-Canadian Framework for the Assessment and Recognition of Foreign Qualifications for the Entry to Residency Pathway. She received a 2012 Award of Excellence from the CFPC.
Carrie Schram, MD, CCFP, MPH

Dr. Carrie Schram is a primary care provider with a special interest in women’s health and fertility. At Women’s College Hospital, she maintains an academic family medicine practice that includes low-risk obstetrics. At Hannam Fertility Centre, she provides low-intervention fertility care, which includes a high volume of patients with polycystic ovarian syndrome (PCOS). Carrie also maintains an appointment with the University of Toronto as an assistant professor.

Franklin Sheps, MD, CCFP(EM), FCFP

Dr. Franklin Sheps is a family and emergency medicine physician. He directs and consults for family health organizations, software vendors and designers for an OHIP billing consultant.

Gary Sibbald, BSc, MD, MEd, DSc (Hons), FRCPC (Med, Derm), FAAD MAPWCA

Dr. R. Gary Sibbald co-founded the International Interprofessional Wound Care Course in 1999 and serves as its course director. He serves as director of the Master of Science program in community health (prevention and wound care) at the Dalla Lana School of Public Health at the University of Toronto. Dr. Sibbald serves as a member of the Medical Advisory Board at Systagenix Wound Management Limited. He served as president of the World Union of Wound Healing Societies from 2008 to 2012. He has over 200 publications. Dr. Sibbald is a dermatologist and internist with a special interest in wound care and education. He is a professor of public health sciences and medicine at the University of Toronto. As a wound care educator, clinician and clinical researcher, he is an international wound care key opinion leader.

Andrew Sparrow, MD, CCFP

Dr. Andrew Sparrow attended medical school at Queen’s University and did his residency in family medicine at Mount Sinai Hospital at the University of Toronto. He is currently a staff physician at the Toronto Western Family Health Team, where he is the co-director of undergraduate education. He is actively involved in teaching medical students and residents and has an interest in medical education research.

Abhimanyu Sud, MD, CCFP

Dr. Abhimanyu Sud is Academic Director of Safe Opioid Prescribing and has played a key role in the initial and ongoing development of the course. A graduate of Yale University and the University of Toronto, he is a community-based family doctor and has a community practice in comprehensive chronic pain medicine. He has played an active role in advocating for comprehensive and effective solutions for Canada’s opioid crisis and, in particular, for the role of evidence-informed education in chronic pain and opioid prescribing at all levels of medical training. He is a lecturer at the Department of Family and Community Medicine at the University of Toronto’s Faculty of Medicine.

Shoba Sujana Kumar, MD, MSc, FRCPC

Dr. Shoba Sujana Kumar is an assistant professor in the Department of Medicine at the University of Toronto, and has an MSc in Community Health and Medical Education. She is an active teacher in undergraduate and postgraduate education and director of the Internal Medicine Academic Half Day at the University of Toronto. Her clinical interests include diabetes, endocrinology of pregnancy, PCOS and thyroid cancer. At Women’s College Hospital, she is also Director of the Endocrine Preconception and Pregnancy Program, and works in General Internal Medicine in the Acute Ambulatory Care Unit.

Taryn Taylor, BKin, MSc, MD, CCFP (SEM), Dip Sport Med

Dr. Taryn Taylor attended Western and received a BA in Kinesiology and an MSc in Sport Medicine. She
attended medical school in Ottawa and completed her residency in family medicine and a PGY3 Fellowship in Sport Medicine. She is currently the medical director at the Carleton Sport Medicine Clinic and manages approximately 15 to 20 concussions per week. She is the Past Chair of the Sport & Exercise Medicine Section of the OMA and is an active member of CASEM. She is the head physician for the Ottawa 67s and works with the Ottawa Fury FC and the Ottawa RedBlacks Football Team. She has been the team physician for the Carleton University men’s and women’s hockey teams and the men’s basketball team for over 10 years. Dr. Taylor is a Credentialed ImPACT Consultant (CIC) offering baseline neuropsychological testing, as well as concussion education sessions for coaches, parents and athletes.

Bachir Tazkarji, MD, CCFP, CAC (COE)

Dr. Bachir Tazkarji graduated from Aleppo University in Syria in 1997. He completed residency and geriatric medicine training in the U.S. at East Carolina University, where he completed his family medicine training followed by a year of a fellowship in geriatric medicine. Dr. Tazkarji has been the attending physician for a geriatric psychiatry unit that focuses on patients with advanced dementia. He has worked at Summerville Family Health Team since 2007 and has been running a family medicine clinic with focus on elderly care. He is also part of the Summerville Family Health Team Memory Clinic. Dr. Tazkarji is an assistant professor with the University of Toronto Department of Family and Community Medicine. He has been involved with the National Geriatric Society and has been the chair for the CPD committee since 2016.

Vu Kiet Tran, MD, MHSc, MBA, CHE

Dr. Vu Tran is an emergency room doctor and family doctor who has worked in the Greater Toronto Area since 2000.

William Watson, MD, MSc, CCFP, FCFP

Dr. Bill Watson is a full-time family physician practising for over 35 years in an academic family health team. In addition to teaching and supervision, he has worked in the ER, obstetrics, long-term care management and research. He has presented workshops on topics relating to healthy child development, parenting and postpartum mood disorders.

Edward Weiss, MD, CCFP

Dr. Ed Weiss is a family physician who has special interests in office procedures, HPV-related disease, and end-of-life care. In addition to maintaining a general family practice in the west end of Toronto, he practises out of Toronto General Hospital and William Osler Health System.

Mark Weiss, MD, BSc

Dr. Mark Weiss has been on staff at Bellwood Health Services since 2004, initially as a staff physician, and as Medical Director since 2009. Dr. Weiss completed his medical degree at the University of Toronto in 1987. He is an MD psychotherapist with a practice that focuses on the medical and psychotherapeutic management of addiction. Dr. Weiss also maintains an interest in the management of anxiety disorders and the way in which anxiety and addiction are interrelated. Dr. Weiss has had a diverse career that has included clinical work in the area of critical care medicine and health care administration.

Anna Wilkinson, MD, MSc, CCFP

Dr. Anna Wilkinson is a family physician with a special interest in oncology. She divides her clinical time between caring for medical oncology inpatients and academic family practice, where she is involved with residency training and teaching. She is Program Director for the PGY-3 FP oncology program through the University of Ottawa Department of Family Medicine. She has a special interest in knowledge translation of oncology to family medicine, and has recently developed an oncology teaching curriculum, which she delivers to family medicine residents at the University of Ottawa. She also sits on the Cancer Care Focused Practice Committee with the CFPC.